

# Special Bulletin

For professional providers

June 21, 2024

## How to Submit Prior Authorization Requests for Outpatient Physical Medicine Services

Prior authorization is required for outpatient physical medicine services. When requesting prior authorization for these services via the Predictal™ Auth Automation Hub in [Avality®](#), providers must select “Physical Medicine” as a Sub-service Type.

During the authorization submission process in Predictal, providers should — once they have entered the Diagnosis Information for the member — follow the steps below:

- Enter **Service Information**.
- Select the **Sub-service Type** dropdown. For Physical Medicine, choose **Physical Medicine**.
  - Sub-service types will show relevant procedure codes included in the Sub-service Type.
- Select **Add** to add the Sub-service Type.
- Select **Physical Medicine**.
  - If you don't see the code(s) for Physical Medicine Sub-service Type, please select the Occupational Therapy Sub-service Type and check for the relevant code(s).
- Select **Add**. Click **Submit** at bottom right when all applicable selections are made.



The screenshot displays a list of sub-service types in a software interface. Each entry includes a warning icon, a list of procedure codes, a dropdown for the sub-service type, a date field for the proposed date of service, a checkbox for 'Is this a primary service?', and a 'Remove' button. Two blue arrows point to the 'Remove' buttons for the 'Physical Medicine' and 'Occupational Therapy' entries.

Sub-service Type *	Proposed date of service *	Is this a primary service?	Remove
Physical Medicine	12/22/2023	<input type="checkbox"/>	Remove
Occupational Therapy	12/22/2023	<input type="checkbox"/>	Remove

Here are the codes associated with the Physical Medicine and Occupational Therapy Sub-service Types:

Sub-service Type	Codes
Physical Medicine	97010, 97012, 97014, 97016, 97018, 697022, 97024, 97026, 97028, 97032, 97033, 97034, 97035, 97036, 97039, 97110, 97112, 97113, 97116, 97124, 97139, 97140, 97150, 97164, 97750, 97799, 98925, 98926, 98927, 98928, 98929, G0283
Occupational Therapy	97129, 97130, 97168, 97530, 97533, 97535, 97537, 97542, 97755, G0515

### Additional Resources

For more information on submitting prior authorization requests related to physical medicine, go to the Provider Resource Center, select **CARE MANAGEMENT PROGRAMS** from the left menu, and then click **Physical Medicine Management**. Once on the page, access the following resource:

- [Video – Submitting a Prior Authorization for Outpatient PT, OT](#)

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