Special Bulletin

For professional providers

January 3, 2023

January Is Cervical Cancer Awareness Month

Vaccination and Screening Can Help Prevent Cervical Cancer

The Centers for Disease Control and Prevention (CDC) estimates that approximately 4,000 women die from cervical cancer in the United States every year. January has been designated as Cervical Cancer Awareness Month by the U.S. Congress to emphasize the importance of vaccination and early detection through appropriate screenings.

A major cause of cervical cancer is the human papilloma virus (HPV). The HPV vaccination is a two-dose series: the first dose is recommended at age 11–12 years (can start at age 9 years) and the second 6–12 months later. **Note**: HPV Vaccine age guidelines do include high-risk adults 27 through 45 years of age.

Cervical cancer may be preventable with HPV vaccination and regular screenings (Pap and/or HPV tests). Early detection helps in identifying cervical cancer when it is easier to treat.

Highmark Preventive Health Guidelines

Highmark Preventive Health Guidelines include cervical cancer screenings for eligible members.

To access the Preventive Health Guidelines, go to the **Provider Resource Center** > **EDUCATION/MANUALS** > **Preventive Health Guidelines** > **Children Ages 7–18 Guidelines** OR **Adult Ages 19–64 Guidelines**.

Please note that most, although not all, of our employer groups follow the Highmark Preventive Schedule. Therefore, not all Highmark members may have coverage for services on the preventive schedule.

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Highmark does not recommend particular treatments or health care services. This information is not intended to be a substitute for professional medical advice, diagnosis, or treatment. You should determine the appropriate treatment and follow-up with your patient. Coverage of services is subject to the terms of each member's benefit plan. Additionally, state laws and regulations governing health insurance, health plans and coverage may apply and will vary from state to state.

