Special Bulletin

For professional providers

June 25, 2025

Well-Child Visits – How to Document Three Critical HEDIS Measures

Annual wellness visits play a key role in a child's overall health and development. There are two HEDIS® measures devoted to assessing childhood wellness visits:

- Well-Child Visits in the First 30 Months of Life (W30)
- Child and Adolescent Well-Care Visits (WCV)

These measures are crucial for monitoring physical, emotional, and social development in pediatric patients, from newborns to teenagers.

In addition, there's a third HEDIS benchmark focused on childhood health: **Weight Assessment and Counseling for Nutrition and Physical Activity for Children/Adolescents (WCC).**

Closing HEDIS gaps related to these measures leads to improved patient health and outcomes, while also aligning with the goals of Highmark's True Performance program.

Correct documentation and coding for these three measures are included below:

I. Well-Child Visits in the First 30 Months of Life (W30)

Assesses the percentage of members who had the following number of well-child visits with a PCP during the last 15 months. The following rates are reported:

- 1. *Well-Child Visits in the First 15 Months.* Children who turned 15 months old during the measurement year: Six or more well-child visits.
 - A well-care visit
 - An encounter for well-care
- 2. *Well-Child Visits for Age 15 Months–30 Months.* Children who turned 30 months old during the measurement year: Two or more well-child visits.

Note: Does not include telehealth visits.

II. Child and Adolescent Well-Care Visits (WCV)

Assesses the percentage of members 3–21 years of age who had at least one comprehensive well-care visit with a PCP or an OB/GYN practitioner during the measurement year. Either of the following appointments meet the criteria:

- A well-care visit
- An encounter for well-care

Note: Does not include telehealth visits.

Codes for W30 and WCV

• Well Care Visit (CPT): 99381-99385, 99391-99395, 99461

III. Weight Assessment and Counseling for Nutrition and Physical Activity for Children/Adolescents (WCC)

Assesses children and adolescents 3-17 years of age who had an outpatient visit with a primary care practitioner or OB/GYN during the measurement year and had evidence of:

- Body Mass Index (BMI) Percentile Documentation
 - Documentation must include height, weight and BMI percentile during the measurement year. The height, weight, and BMI percentile must be from the same data source. Either of the following meets criteria for BMI percentile:
 - BMI percentile documented as a value (e.g., 85th percentile)
 - BMI percentile plotted on an age-growth chart
 - Do not use:
 - Ranges and thresholds
 - BMI value without percentile
 - Height-to-Age or Weight-to-Age growth charts
- Counseling for Nutrition
 - o Documentation must include a note indicating the date and at least one of the following:
 - Discussion of current nutrition behaviors (e.g., eating habits, dieting behaviors)
 - Checklist indicating nutrition was addressed
 - Counseling or referral for nutrition education
 - Member received educational materials on nutrition during a face-to-face visit
 - Anticipatory guidance for nutrition
 - Weight or obesity counseling
- Counseling for Physical Activity
 - Documentation must include a note indicating the date and at least one of the following:
 - Discussion of current physical activity behaviors (e.g., exercise routine, participation in sports activities, exam for sports participation)
 - Checklist indicating physical activity was addressed
 - Counseling or referral for physical activity
 - Member received educational materials on physical activity during a face-toface visit
 - Anticipatory guidance specific to the child's physical activity
 - Weight or obesity counseling

Codes for WCC

Outpatient (CPT): 99202-99205, 99211-99215, 99242-99245, 99341-99345, 99347-99350, 99381-99387, 99391-99397, 99401-99404, 99411, 99412, 99429, 99455, 99456, 99483

- BMI Percentile (ICD10): Z68.51-Z68.54
- Nutritional Counseling (CPT): 97802-97804
- Physical Activity (ICD10): Z02.5, Z71.82

Additional Resources

 HEDIS information is available on the Provider Resource Center (PRC). You must be logged into <u>Availity</u> <u>Essentials</u>[®] to access it. Once on the PRC, go to **Resources & Education > Clinical Quality & Education > HEDIS**.

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