# **Special Bulletin**

### For professional providers

**August 6, 2025** 

## HEDIS: Avoidance of Antibiotic Treatment for Acute Bronchitis/Bronchiolitis

Antibiotic treatment is not recommended for acute bronchitis in adults who are otherwise healthy, according to Centers for Disease Control and Prevention (CDC) guidelines, because overuse can lead to antibiotic resistance. Acute bronchitis usually gets better on its own, so ensuring appropriate use of antibiotics for patients with the condition will help them avoid potentially harmful side effects and possible resistance. The Healthcare Effectiveness Data and Information Set (HEDIS®) Avoidance of Antibiotic Treatment for Acute Bronchitis/Bronchiolitis (AAB) measure helps achieve this goal.

#### Overview of the AAB Measure

**Description:** Assess the percentage of episodes for members ages 3 months and older with a diagnosis of acute bronchitis/bronchiolitis that did not result in an antibiotic dispensing event between July 1 of the prior measurement year and June 30 of the current measurement year. (*Reported as an inverse measure; this means a higher rate indicates more appropriate treatment – not prescribing an antibiotic).* 

To qualify, the member must meet the following guidelines:

#### 1) Episode date

- a) The date of service for any outpatient, telephone, or emergency department visit, e-visit or virtual check-in during the intake period with a diagnosis of acute bronchitis/bronchiolitis.
  - CPT Codes for Outpatient Service: 98966-98968, 98970-98972, 98980, 98981, 99202-99205, 99211-99215, 99242-99245, 99281-99285, 99341, 99342, 99344, 99345, 99347-99350, 99381-99387, 99391-99397, 99401-99404, 99411, 99412, 99421-99423, 99429, 99441-99443, 99455-99458, 99483
  - ICD-10 Codes for Acute Bronchitis: J20.3-J20.9, J21.0, J21.1, J21.8, J21.9

#### 2) Negative medication history

- a) A period of 30 days prior to the episode date, when the member had no pharmacy claims for either new or refill prescriptions for a listed antibiotic drug.
- b) No prescriptions were dispensed more than 30 days prior to the episode date and are active on the episode date.

#### **AAB Antibiotic Medications**

Description	Prescription
Aminoglycosides	<ul> <li>Amikacin</li> <li>Gentamicin</li> <li>Streptomycin</li> <li>Tobramycin</li> </ul>
Aminopenicillins	<ul><li>Amoxicillin</li><li>Ampicillin</li></ul>
Beta-lactamase inhibitors	<ul><li>Amoxicillin-clavulanate</li><li>Ampicillin-sulbactam</li><li>Piperacillin-tazobactam</li></ul>
First-generation cephalosporins	<ul><li>Cefadroxil</li><li>Cefazolin</li><li>Cephalexin</li></ul>
Fourth-generation cephalosporins	Cefepime
Lincomycin derivatives	<ul><li>Clindamycin</li><li>Lincomycin</li></ul>
Macrolides	<ul><li>Azithromycin</li><li>Clarithromycin</li><li>Erythromycin</li></ul>
Miscellaneous antibiotics	<ul> <li>Aztreonam</li> <li>Chloramphenicol</li> <li>Dalfopristin-quinupristin</li> <li>Daptomycin</li> <li>Linezolid</li> <li>Metronidazole</li> <li>Vancomycin</li> </ul>
Natural penicillins	<ul> <li>Penicillin G benzathine</li> <li>Penicillin G benzathine-     procaine</li> <li>Penicillin G potassium</li> <li>Penicillin G potassium</li> <li>Penicillin G procaine</li> </ul>
Penicillinase resistant penicillins	<ul><li>Dicloxacillin</li><li>Nafcillin</li><li>Oxacillin</li></ul>
Quinolones	<ul> <li>Ciprofloxacin</li> <li>Gemifloxacin</li> <li>Levofloxacin</li> <li>Moxifloxacin</li> <li>Ofloxacin</li> </ul>
Rifamycin derivatives	Rifampin
Second-generation cephalosporin	<ul> <li>Cefaclor</li> <li>Cefotetan</li> <li>Cefoxitin</li> <li>Cefprozil</li> <li>Cefuroxime</li> </ul>
Sulfonamides	<ul> <li>Sulfadiazine</li> <li>Sulfamethoxazole- trimethoprim</li> </ul>

Tetracyclines	<ul><li>Doxycycline</li><li>Minocycline</li><li>Tetracycline</li></ul>	
Third-generation cephalosporins	<ul><li>Cefdinir</li><li>Cefixime</li><li>Cefotaxime</li></ul>	<ul><li>Cefpodoxime</li><li>Ceftazidime</li><li>Ceftriaxone</li></ul>
Urinary anti-infectives	<ul><li>Fosfomycin</li><li>Nitrofurantoin</li></ul>	<ul><li>Nitrofurantoin macrocrystals- monohydrate</li><li>Trimethoprim</li></ul>

#### 3) Negative comorbid condition history

a) A period of 365 days prior to and including the episode date when the member had no claims/encounters with any diagnosis for a comorbid condition (366 days total).

#### **Common Comorbid Conditions in Respiratory Patients**

Category	ICD-10 Codes	Description
Chronic Bronchitis	J41.0, J41.1, J41.8	Simple and mucopurulent chronic bronchitis
Emphysema	J43.0-J43.2, J43.9	Panlobular emphysema, centrilobular emphysema, unspecified emphysema
Chronic Obstructive Pulmonary Disease (COPD)	J44.0, J44.1, J44.9	COPD with acute lower respiratory infection, COPD with exacerbation, COPD, unspecified

#### 4) Negative competing diagnosis

a) The episode date and 3 days following the episode date when the member had no claims/encounters with any competing diagnosis.

#### **Common ICD-10 Codes for Competing Diagnoses**

Category	ICD-10 Codes	Description
Bacterial Intestinal Infections	A00.0, A00.1, A00.9, A01.00-A01.4, A02.0- A02.9, A03.0-A03.9	Cholera, Typhoid and Paratyphoid fever, Other Salmonella infections, Shigellosis
Viral Intestinal Infections	A08.0, A08.11, A08.19, A08.2, A08.31, A08.32, A08.39, A08.4, A08.8, A09	Rotaviral enteritis, Norwalk virus, Adenoviral enteritis, Calicivirus, Viral gastroenteritis
Sexually Transmitted Infections	A50.01-A50.9, A51.0- A51.9, A52.00-A52.9, A53.0-A53.9, A54.00- A54.9, A55-A57, A59.00-A59.9	Congenital syphilis, Early/Late syphilis, Other and unspecified syphilis, Gonococcal infections, Chlamydial infections, Trichomoniasis
Acute Upper Respiratory Infections	J01.00-J01.91, J04.10, J04.11, J04.2, J05.0, J05.10, J05.11, J35.01- J35.9	Acute sinusitis, Acute tracheitis, Acute laryngitis and tracheitis, Acute obstructive laryngitis (croup) and epiglottitis, Chronic diseases of tonsils and adenoids

#### Best Practice and Measure Tips to improve performance for AAB

- Avoid prescribing an antibiotic unless there is a bacterial etiology.
- When antibiotics are needed for a patient with acute bronchitis/bronchiolitis with comorbid conditions, submit codes on the same claim to remove the member from the measure.
- An episode will not count toward the measure denominator if the member was diagnosed with pharyngitis or a competing diagnosis, if the visit resulted in an inpatient stay on or three days after the episode date.
- This measure is based on episodes; members may have multiple episodes.
- Telehealth visits are allowed for this measure.

#### References

<sup>1</sup>Outpatient Clinical Care for Adults | CDC

<sup>2</sup>Chest Cold (Acute Bronchitis) Basics | CDC

<sup>3</sup>Preventing and Treating Bronchitis | CDC

The following entities, which serve the noted regions, are independent licensees of the Blue Cross Blue Shield Association: Western and Northeastern PA: Highmark Inc. d/b/a Highmark Blue Cross Blue Shield, Highmark Choice Company, Highmark Health Insurance Company, Highmark Coverage Advantage Inc., Highmark Benefits Group Inc., First Priority Health, First Priority Life or Highmark Senior Health Company. Central and Southeastern PA: Highmark Inc. d/b/a Highmark Blue Shield, Highmark Benefits Group Inc., Highmark Health Insurance Company, Highmark Choice Company, or Highmark Senior Health Company. Delaware: Highmark BCBSD Inc. d/b/a Highmark Blue Cross Blue Shield. West Virginia: Highmark West Virginia Inc. d/b/a Highmark Blue Cross Blue Shield. Northeastern NY: Highmark Western and Northeastern New York Inc. d/b/a Highmark Blue Cross Blue Shield. Northeastern NY: Highmark Western and Northeastern New York Inc. d/b/a Highmark Blue Cross Blue Shield.

All references to "Highmark" in this document are references to the Highmark company that is providing the member's health benefits or health benefit administration and/or to one or more of its affiliated Blue companies.

 $\label{eq:hedge} \mbox{HEDIS}^{\mbox{\tiny B}} \mbox{ is a registered trademark of the National Committee for Quality Assurance (NCQA)}.$ 

Highmark does not recommend particular treatments or health care services. This information is not intended to be a substitute for professional medical advice, diagnosis, or treatment. You should determine the appropriate treatment and follow-up with your patient. Coverage of services is subject to the terms of each member's benefit plan. Additionally, state laws and regulations governing health insurance, health plans and coverage may apply and will vary from state to state.

