

Special Bulletin

For professional providers

December 13, 2023

Delaware Law Mandates Annual Behavioral Health Wellness Check

Delaware House Bill 303, as amended by House Amendment 2, mandates coverage of an annual behavioral health (BH) well check, **effective January 1, 2024**. The appointment must be performed by a licensed mental health clinician with at minimum a master's level degree. Such coverage is in addition to an annual preventive office visit with a medical care provider.

The law requires insurers to provide pre-deductible coverage for an annual BH well check — which resets every year. This coverage applies to the following types of plans: fully insured individual, fully insured group, State of Delaware Employee Group Health Insurance Program, and State Medicaid assistance plans.

Requirements for the Annual BH Well Check

The well check **must** include:

- A review of medical history
- Evaluation of adverse childhood experiences
- Use of a group of developmentally appropriate mental health screening tools.

The well check **may** include anticipatory behavioral health guidance congruent with stage of life.

Reimbursement

Providers should use the following diagnosis codes for the annual behavioral health well check:

- Z0000, Z0001, Z00110, Z00111, Z00121, Z00129

The annual behavioral health well check will be reimbursed through the following CPT codes at the same rate that such CPT codes are reimbursed for the provision of other medical care:

- 99381, 99391 – Infant (age under 1 year)
- 99382, 99392 – Early childhood (ages 1 through 4 years)
- 99383, 99393 – Late childhood (ages 5 through 11 years)
- 99384, 99394 – Adolescent (ages 12 through 17 years)

- 99385, 99395 – 18-39 years
- 99386, 99396 – 40-64 years
- 99387, 99397 – 65 years and over

Resources Available

Highmark's [Behavioral Health Toolkit](#) is available on the Provider Resource Center (PRC). It contains screening tools, guidelines, and other resources to help you provide behavioral health care for a range of diagnoses.

To access the toolkit, go to the PRC, select **CARE MANAGEMENT PROGRAMS** from the left menu, and click **Behavioral Health Resources**. Once on the page, scroll down to the **Provider Tools and Educational Resources** section and then click [Behavioral Health Toolkit for Primary Care Physicians](#).

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