

Proof points from Allegheny Health Network

INITIATIVE



Low Back Pain

DESCRIPTION

Developed a new care model to treat types of mechanical low back pain with a focus on exercise therapy

IMPACT

42% reduction in imaging
65% reduction in opioid use
17% reduction in duration of disability¹



Endovenous ablations

Collaboration between AHN and Highmark clinicians to revise medical policy

Reduced utilization from outliers without creating additional prior auth burden



Cervical cancer screenings

EMR-based decision alerts to reduce frequency of Pap tests with no clinical indication of improve patient outcomes

Created EMR-based decision alerts, reducing order volume by 24%²

¹ Reduction in procedure volume with the episode of care for study group population of 260 Highmark members treated at Allegheny Health Network

² Reduction in EMR order volume for all patients at Allegheny Health Network in full year following implementation