

**naviHealth**   
Guiding the Way®



Through our dedicated people and distinctive technology, seniors spent

**3,000,000**

more days at home in 2021.\*

## Enabling seniors to live a more fulfilling life

Many of us have seen firsthand, either as a patient or caregiver, how daunting our health care system can be. naviHealth is proud to be the trusted partner to both health plans and providers as we navigate a better way to care for and empower the senior population — helping them live a more fulfilling life. By having the best people and the most advanced technology, naviHealth provides an opportunity to dramatically improve the way senior health care is delivered from hospital to home.

As the emphasis on home-based care models grows, naviHealth is well-positioned to deliver solutions that enable success for the patients we support. Both health plans and providers need increased support and, most importantly, seniors deserve a better experience.

**That is why we're always here to guide the way.**



Harrison Frist  
CEO, naviHealth



# Guiding the Way

## Empowering seniors to age with grace

Since 2012, naviHealth has been a trusted partner for the nation's top health plans, health systems, post-acute care providers and at-risk physician groups navigating the shift from volume to value. Over the last few years, we have continued to expand the services we provide for seniors by extending care capabilities to address social determinants of health, offer more home-based care and provide an array of non-clinical, high-touch care services.

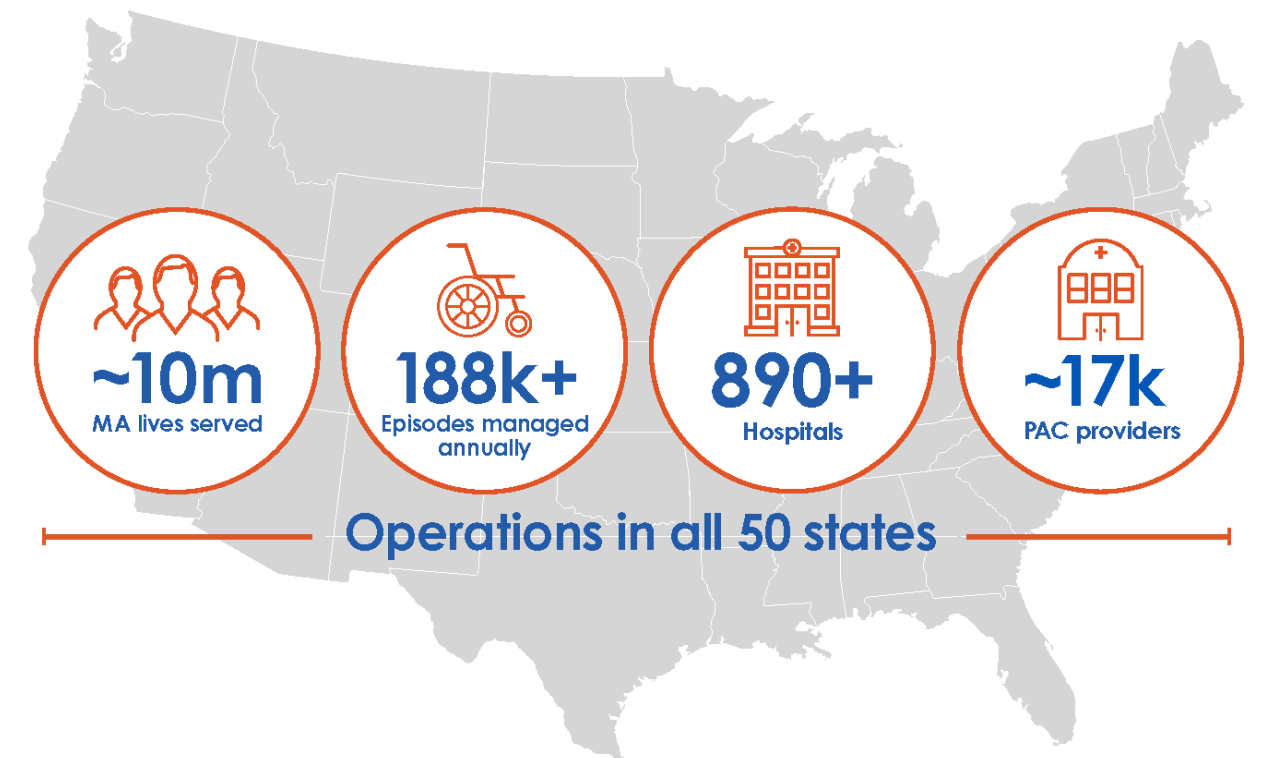
Our proven care model fully supports patients from acute to home. We help patients enjoy more days at home and enable health care providers and health plans to significantly reduce costs specific to unnecessary care and readmissions.





## Committed to optimizing senior care

With operations nationwide and over 10 million lives under post-acute care management, naviHealth has a rich history of experience and dedication to pioneering the future of improved senior-centered care.



# Our partners in serving seniors



Health plans



Health systems and hospitals



Accountable care organizations



Post-acute care providers



Physicians



# Our senior-centered care solutions

Post-acute care is one of the least managed and increasingly fragmented areas of health care. This leads to unnecessary utilization and poor patient outcomes. To address these issues, naviHealth has created technology and services that ensure patients discharge to the appropriate post-acute setting, receive the right therapy in that setting and transition safely back to the community without readmitting.

With a focus on safe care transitions, naviHealth works to connect patients to the services they need to recover — whether at the next point of care or returning home. Connecting seniors and their families to both clinical and non-clinical resources can curb potential setbacks including challenges associated with social determinants of health.

From acute to home, naviHealth utilizes a smart-touch, smart-tech approach to optimize clinical and financial outcomes as well as the patient experience for seniors — while also reducing risk and costs of care for health plans and providers.



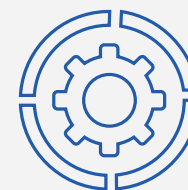
## Post-acute care management

In-market clinical support with proprietary post-acute care planning tools to improve patient functional recoveries and reduce unnecessary medical costs.



## Readmissions reduction

A combination of clinical and non-clinical support to help reduce avoidable readmissions and close social determinant gaps in care.



## Discharge planning & referral software

A unique suite of care transitions and enhanced reporting capabilities to improve the care transition experience.



# Our smart-touch, smart-tech patient care management

The naviHealth smart-touch, smart-tech distinctive care management pairs in-market, clinical expertise with proprietary, predictive decision support tools. Our proven approach helps **reduce unnecessary medical spending and readmissions while improving patients' functional outcomes and satisfaction.**



## Smart-touch

In-market care coordinators engage directly with patients, caregivers and provider staff to guide and coach seniors through their episode of care. Patients are supported from discharge through their return home to ensure a safe transition back to their community without readmitting.



## Smart-tech

naviHealth leverages evidence-based, proprietary care planning tools to develop custom care plans for each patient. Our technology is powered by clinical assessment data — including mobility, cognition and more — versus solely relying on claims-based data. This real-time data is captured at the point of care by our licensed clinicians to better meet patients' needs at each stage of their care journey.

## Giving seniors more time where it matters most

naviHealth is fully committed to improving the lives of seniors. Through our experienced team and best-in-class technology, **we have helped seniors navigate the complexities of care so they can spend over 3 million more days at home.\***

With this time, seniors can enjoy more walks with their dog, more games with their grandchildren and more Sunday dinners with their family.

\*Calculation is based on the change in number of admits per 1,000 and LOS from baseline adjusted for current year membership.







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