Stay on top of your health.

It's important to take preventive measures each year to stay healthy. Here's a quick guide to the preventive care that you and your family should schedule every year.

## For everyone:

- Annual wellness visit
- Immunizations
- Lab work
- Dental exam
- Eye exam

## For women:

- Breast cancer screening
- Cervical cancer screening

## For men and women:

Colorectal cancer screening



Ask your doctor about scheduling today.



## Because Life.™

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