

SNF Initial Review

**Please complete all areas of this survey.

FAX: 1-800-416-9195

Please review all eight parts to this form and fill in the applicable sections

- Part One Patient Information
- Part Two Prior Level of Function
- Part Three Clinical Review
- Part Four Physical Therapy
- Part Five Occupational Therapy
- Part Six Speech Therapy
- Part Seven Discharge Plan
- Part Eight Protected Health Information (PHI)

| DATE FORM COMPLETED | ADMISSION DATE TO POST ACUTE FACILITY |
|---------------------|---------------------------------------|
| | |

This information is issued on behalf of Highmark Blue Shield and its affiliated Blue companies, which are independent licensees of the Blue Cross Blue Shield Association. Highmark Inc. d/b/a Highmark Blue Shield and certain of its affiliated Blue companies serve Blue Shield members in 21 counties in central Pennsylvania and 13 counties in northeastern New York. As a partner in joint operating agreements, Highmark Blue Shield also provides services in conjunction with a separate health plan in southeastern Pennsylvania. Highmark Inc. or certain of its affiliated Blue companies also serve Blue Cross Blue Shield members in 29 counties in western Pennsylvania, 13 counties in northeastern Pennsylvania, the state of West Virginia plus Washington County, Ohio, the state of Delaware and 8 counties in western New York. All references to Highmark Inc. d/b/a Highmark Blue Shield and/or to one or more of its affiliated Blue companies.

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Part One – Patient Information

| Responses |
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| Transfer Information | Responses |
|--|-----------|
| Transfer from: | |
| What was the date of admission in the acute | |
| care: | |
| Is the date of injury or illness within the last | |
| 30 days of this request: (yes/no) | |
| Name/phone # of contact at transferring | |
| facility: | |
| Diagnosis for post acute admission: (include | |
| ICD code) | |
| Reason for skilled stay: (Does the medical | |
| complexity require frequent medical | |
| assessment, intense monitoring with a | |
| potential for rapid deterioration or debility | |
| makes care at home unsafe?) | |
| **Can the member tolerate one hour of | |
| therapy 5 days a week with full | |
| participation: (yes/no) | |
| | |
| Chronic conditions: | |



PART TWO - PRIOR LEVEL OF FUNCTION

| Question: | Answer: |
|--|---|
| Does the member ambulate? | O Yes O No |
| Does the member have gait | O Yes O No |
| limitations? (If yes specify limitation and assistance required) | Limitations and Assistance Required: |
| | 0.11 |
| Does patient use wheelchair? | O Yes O No |
| What is the patient's transfer level of assistance? | O Independent O Modified Independence O Supervision O Contact Guard Assist O Minimal Assistance O Moderate Assistance O Maximum Assistance O Total Assistance/Dependent |
| What assistance does the patient need with daily living activities> | O Independent O Modified Independence O Supervision O Contact Guard Assist O Minimal Assistance O Moderate Assistance O Maximum Assistance O Total Assistance/Dependent |
| Does member have DME at home? | O Yes O No If Yes, please specify: |
| Does the patient have community or other resources already in place? | O Meals on Wheels OHHC O Caregivers O Other: |
| What is the patient's baseline mental status? | |
| Does the member have any cognitive issues such as communication | O Yes O No |
| difficulty, memory deficits, or perception or processing deficits? | Specify: |



| Question: | Answer: |
|--|-------------|
| Does the member have any physical | O Yes O No |
| inability or limitations such as wound location unreachable, contractures, | Specify: |
| obesity, motor strength, comorbidity such as blindness or paralysis? | |
| Is the home environment not conducive | O Yes O No |
| to care such as no running water, no | |
| phone, no temperature control, no | Specify: |
| elevator, no access to home care | |
| agency or outpatient services, any physical or emotional abuse at home? | |
| Does the patient need home oxygen? If | O Yes O No |
| yes, specify. | 0 103 0 140 |
| | Specify: |

| me |
|------------------|
| ignificant Other |
| acility |
| ential Care |
| |
| |



PART THREE - CLINICAL REVIEW

Clinical Reviews must be submitted within 48 hours of requested Admission Date

| Information | Answers/Responses |
|--|------------------------|
| Date: | |
| Vitals: | |
| Mental status/Able to follow commands: | O Yes O No |
| Abnormal Labs (if being monitored or treated): | O Yes O No |
| | Specify: |
| Will member receive IV medications: If yes name, frequency and stop date. | O Yes O No |
| | Name: |
| | Frequency: |
| | Stop Date: |
| Respiratory: include o2 flow, teaching needs, o2 sats, nebulizers and how often, trach | O2 Flow: |
| (date placed, size, suctioning frequency) What is the goal: | Teaching Needs: |
| decannulation, home with trach, home | O2 Sats: |
| oxygen, wean off oxygen, home nebs. | Nebulizers: |
| | Goal: |
| Oral diet | O Yes O No |
| | Specify: |
| NG/Peg: (include date placed, what feeds | Date Placed: |
| receiving, rate, goal rate, are they tolerating) | Feeds Receiving: |
| | Rate: |
| | Goal Rate: |
| | Tolerating: O Yes O No |
| | |



| Information | Answers/Responses |
|---|---|
| TPN: (yes/no) if yes stop date, rate, were they on TPN at home | O Yes O No Stop Date: Rate: TPN at Home: O Yes O No |
| Wounds/treatment: (include stage, tx, measurements, frequency dressing, appointment with wound specialist.) | TEN ACTIONIE. O TES O NO |



PART FOUR - PHYSICAL THERAPY

Clinical Reviews must be submitted within 48 hours of requested Admission Date

Member is participating: O Yes O No

| Category: | As of date: | Independent | Modified Independent | Supervision | Contact Guard Assistance | Minimal Assistance | Moderate Assistance | Maximum Assistance | Dependent |
|-------------------------------------|-------------|-------------|-------------------------|-------------|--------------------------------|-----------------------|------------------------|-----------------------|-----------|
| Bed mobility | | | | | | | | | |
| Rolling side to side | | | | | | | | | |
| Supine to sit | | | | | | | | | |
| Sit to stand | | | | | | | | | |
| Bed to chair | | | | | | | | | |
| Sitting balance static/dynamic | | | | | | | | | |
| Standing balance static/dynamic | | | | | | | | | |
| Steps with number of steps included | | | | | | | | | |
| Gait assistance | | | | | | | | | |
| Gait distance in Assistive device | | | | | | • | | • | • |



| Category: | As of date: | independent | modified independent | supervision | contact guard assistance | minimal assistance | moderate assistance | maximum assistance | dependent |
|---------------------------------|---------------|-------------|----------------------|-------------|--------------------------------|--------------------|---------------------|-----------------------|-----------|
| Wheelchair | | | | | | | | | |
| assistance | | | | | | | | | |
| Wheelchair distance: Endurance: | | | | | | | | | |
| Strength: | | | | | | | | | |
| PT Goals-Short | term and Long | term: | | | | | | | |



PART FIVE - OCCUPATIONAL THERAPY

Clinical Reviews must be submitted within 48 hours of requested Admission Date

Member is participating: O Yes O No

| Category | As of date | Independent | Modified Independent | Supervision | Contact Guard Assistance | Minimal Assistance | Moderate Assistance | Maximum Assistance | Dependent |
|-------------|------------|-------------|-------------------------|-------------|--------------------------------|-----------------------|------------------------|-----------------------|-----------|
| feeding | | | | | | | | | |
| grooming | | | | | | | | | |
| Bathing UE | | | | | | | | | |
| Bathing LE | | | | | | | | | |
| Dressing UE | | | | | | | | | |
| Dressing LE | | | | | | | | | |
| Toileting/ | | | | | | | | | |
| hygiene | | | | | | | | | |
| Toilet/ | | | | | | | | | |
| functional | | | | | | | | | |
| transfer | | | | | | | | | |
| Household | | | | | | | | | |
| management | | | | | | | | | |
| OT Goals: | l | <u>l</u> | L | l | 1 | l | l | <u> </u> | <u>L</u> |
| Short term | | | | | | | | | |
| Long term | | | | | | | | | |



PART SIX - SPEECH THERAPY

Clinical Reviews must be submitted within 48 hours of requested Admission Date

Member is participating: O Yes O No

| As of date: | Responses |
|--|-------------|
| Cognition: (alert and oriented, can member follow commands) | |
| Language deficit: can they express needs? | O Yes O No |
| Memory deficits: | |
| Safety judgement/problem solving: (are they impulsive, require a sitter) | |
| Swallowing deficits: | O Yes O No |
| What type of diet/liquids: | |
| Goals: Short term and long term: | Short Term: |
| | Long Term: |



PART SEVEN - DISCHARGE PLAN

| Items to Complete | What's Been Completed |
|--|-----------------------|
| Has Caregiver Training been completed? Any barriers to Caregiver Training? | |
| Anticipated disposition: (home alone, home with caregiver/family/significant other, personal care home, assisted living facility, long term residential care) Caregiver available to assist: (yes/no) include | |
| hours available to assist, If no please specify. | |
| Are there any social determinates: (social connections, transportation needs, safety, financial resource strain, health literacy, housing stability, food insecurity) | |
| DME needs: (if yes, please specify) Is a home evaluation planned/needed prior to discharge: (yes/no) | |
| Will the member require home health care, outpt therapy, other -please explain: | |
| Community resources needed: (if yes, what) | |
| Next MD appointment: Any additional pertinent information or other discharge barriers: | |
| | |



PART EIGHT - PROTECTED HEALTH INFOMRATION (PHI)

These documents contain PHI. Federal and state laws prohibit inappropriate use of PHI. If you are not the intended recipient or the person responsible for delivering these documents, you must properly dispose of them. If you need instructions, please call the facility phone number listed in the demographic area above.

Providers are required to return, destroy, or further protect any PHI you receive pertaining to a patient that you are not currently treating. You are required to immediately destroy any such PHI, or safeguard the PHI for as long as it is retained. In no event are you permitted to use or re-disclose such PHI.

9/17/2021