

# SNF Continued Stay Review

\*\*Please complete all areas of this survey.

**FAX: 1-800-416-9195**

**Please review all eight parts to this form and fill in the applicable sections**

- Part One – Patient Information
- Part Two – Prior Level of Function
- Part Three – Clinical Review
- Part Four – Physical Therapy
- Part Five – Occupational Therapy
- Part Six – Speech Therapy
- Part Seven – Discharge Plan
- Part Eight – Protected Health Information (PHI)

| DATE FORM COMPLETED | ADMISSION DATE TO POST ACUTE FACILITY |
|---------------------|---------------------------------------|
|                     |                                       |

This information is issued on behalf of Highmark Blue Shield and its affiliated Blue companies, which are independent licensees of the Blue Cross Blue Shield Association. Highmark Inc. d/b/a Highmark Blue Shield and certain of its affiliated Blue companies serve Blue Shield members in 21 counties in central Pennsylvania and 13 counties in northeastern New York. As a partner in joint operating agreements, Highmark Blue Shield also provides services in conjunction with a separate health plan in southeastern Pennsylvania. Highmark Inc. or certain of its affiliated Blue companies also serve Blue Cross Blue Shield members in 29 counties in western Pennsylvania, 13 counties in northeastern Pennsylvania, the state of West Virginia plus Washington County, Ohio, the state of Delaware and 8 counties in western New York. All references to Highmark in this document are references to Highmark Inc. d/b/a Highmark Blue Shield and/or to one or more of its affiliated Blue companies.

NaviNet is a registered trademark of NaviNet, Inc., which is an independent company that provides secure, web-based portal between providers and health insurance companies.

# PART ONE – PATIENT INFORMATION

| Demographic information  | Responses |
|--|-----------|
| Member Name:   |           |
| DOB:   |           |
| Member ID#:  |           |
| <b>Reference/case number:</b>  |           |
| SNF Facility name:   |           |
| Facility NPI:  |           |
| Facility address, city, state, zip:  |           |
| Contact name/department:   |           |
| Contact phone number and fax number:   |           |
| <b>**Can the member tolerate one hour of therapy 5 days a week with full participation: (yes/no)</b> |           |

## PART TWO – PRIOR LEVEL OF FUNCTION

| Question  | Answer   |
|---|--|
| Does the member ambulate?   | <input type="radio"/> Yes <input type="radio"/> No   |
| Does the member have gait limitations? (If yes specify limitation and assistance required.)   | <input type="radio"/> Yes <input type="radio"/> No<br>Specify: _____   |
| Wheelchair mobility?  | <input type="radio"/> Yes <input type="radio"/> No   |
| What is the patient's transfer level of assistance?   | <input type="radio"/> Independent <input type="radio"/> Modified Independence<br><input type="radio"/> Supervision <input type="radio"/> Contact Guard Assist <input type="radio"/> Minimal Assistance <input type="radio"/> Moderate Assistance<br><input type="radio"/> Maximum Assistance <input type="radio"/> Total Assistance/Dependent    |
| Does the patient need assistance with activities of daily living?   | <input type="radio"/> Independent <input type="radio"/> Modified Independence<br><input type="radio"/> Supervision <input type="radio"/> Contact Guard Assist<br><input type="radio"/> Minimal Assistance <input type="radio"/> Moderate Assistance <input type="radio"/> Maximum Assistance<br><input type="radio"/> Total Assistance/Dependent |
| Does member have DME at home? If yes, specify   | <input type="radio"/> Yes <input type="radio"/> No<br>Specify: _____   |
| Are there community or other resources already in place: (meals on wheels, HHC, caregivers, etc.)   | <input type="radio"/> Meals on Wheels <input type="radio"/> HHC <input type="radio"/> Caregivers<br><input type="radio"/> Other: _____   |
| What is the patient's baseline mental status?   |  |
| Does the member have any cognitive issues such as communication difficulty, memory deficits, perception or processing deficits?   | <input type="radio"/> Yes <input type="radio"/> No<br>Specify: _____   |
| Does the member have any physical inability or limitations such as wound location unreachable, contractures, obesity, motor strength, comorbidity such as blindness or paralysis?                                     | <input type="radio"/> Yes <input type="radio"/> No<br>Specify: _____   |
| Is the home environment not conducive to care such as no running water, no phone, no temperature control, no elevator, no access to home care agency or outpatient services, any physical or emotional abuse at home? | <input type="radio"/> Yes <input type="radio"/> No<br>Specify: _____   |

| Question                           | Answer   |
|------------------------------------|--|
| Does the patient need home oxygen: | <input type="radio"/> Yes <input type="radio"/> No<br><br>Specify: _____ |

| Home set up   | Responses  |
|---|--|
| # steps to enter home:  |  |
| Rails:  | <input type="radio"/> Yes <input type="radio"/> No   |
| Bed on first or second floor: (1 <sup>st</sup> floor/2 <sup>nd</sup> floor)   | <input type="radio"/> 1 <sup>st</sup> <input type="radio"/> 2 <sup>nd</sup>  |
| Bath on first or second floor: (1 <sup>st</sup> floor/2 <sup>nd</sup> floor)  | <input type="radio"/> 1 <sup>st</sup> <input type="radio"/> 2 <sup>nd</sup>  |
| Availability for first floor setup: (yes/no)  | <input type="radio"/> Yes <input type="radio"/> No   |
| Who does the member live with currently: (home alone, home with caregiver/family/significant other, personal care home, assisted living facility, long term residential care) | <input type="radio"/> Home Alone<br><input type="radio"/> Caregiver, significant other, Family<br><input type="radio"/> Personal Care Home<br><input type="radio"/> Assisted Living Facility<br><input type="radio"/> Long Term Residential Care |

## PART THREE – CLINICAL REVIEW

Continued Stay Requests must be requested within 24 hours from the last covered day.

| Category   | Information  |
|--|--|
| Date:  |  |
| Vitals:  |  |
| Mental status:      Able to follow<br>commands: (yes/no)   | <input type="radio"/> Yes <input type="radio"/> No   |
| Abnormal Labs (if being monitored or<br>treated):  |  |
| Will member receive IV medications: If yes<br>name, frequency and stop date.   | <input type="radio"/> Yes <input type="radio"/> No<br><br>Frequency: _____<br><br>Stop Date: _____   |
| Respiratory: include o2 flow, teaching needs,<br>o2 sats, nebulizers and how often, trach (date<br>placed, size, suctioning frequency) What is<br>the goal:<br>decannulation, home with trach, home<br>oxygen, wean off oxygen, home nebs. | <input type="radio"/> o2 Flow <input type="radio"/> Teaching Needs <input type="radio"/> o2 Sats<br><br><input type="radio"/> Nebulizers <input type="radio"/> Trach<br><br>Specifications: _____<br><br>Goal: _____ |
| Oral diet: (yes/no) if yes, type   | <input type="radio"/> Yes <input type="radio"/> No<br><br>Type: _____  |
| NG/Peg: (include date placed, what feeds<br>receiving, rate, goal rate, are they tolerating)   |  |
| TPN: (yes/no) if yes stop date, rate, were they<br>on TPN at home  | <input type="radio"/> Yes <input type="radio"/> No<br><br>Stop Date: _____<br><br>Rate: _____<br><br>TPN at Home: <input type="radio"/> Yes <input type="radio"/> No   |
| Wounds/treatment: (include stage, tx,<br>measurements, frequency dressing,<br>appointment with wound specialist.)  |  |

## PART FOUR - PHYSICAL THERAPY

Continued Stay Requests must be requested within 24 hours from the last covered day.

Member is participating:  Yes  No

| Category:                           | As of date: | Independent | Modified Independent | Supervision | Contact Guard Assistance | Minimal Assistance | Moderate Assistance | Maximum Assistance | Dependent |
|-------------------------------------|-------------|-------------|----------------------|-------------|--------------------------|--------------------|---------------------|--------------------|-----------|
| Bed mobility                        |             |             |                      |             |                          |                    |                     |                    |           |
| Rolling side to side                |             |             |                      |             |                          |                    |                     |                    |           |
| Supine to sit                       |             |             |                      |             |                          |                    |                     |                    |           |
| Sit to stand                        |             |             |                      |             |                          |                    |                     |                    |           |
| Bed to chair                        |             |             |                      |             |                          |                    |                     |                    |           |
| Sitting balance static/dynamic      |             |             |                      |             |                          |                    |                     |                    |           |
| Standing balance static/dynamic     |             |             |                      |             |                          |                    |                     |                    |           |
| Steps with number of steps included |             |             |                      |             |                          |                    |                     |                    |           |
| Gait assistance                     |             |             |                      |             |                          |                    |                     |                    |           |
| Gait distance in steps/feet: _____  |             |             |                      |             |                          |                    |                     |                    |           |
| Assistive device used: _____        |             |             |                      |             |                          |                    |                     |                    |           |

| Category:                                | As of date: | independent | modified independent | supervision | contact guard assistance | minimal assistance | moderate assistance | maximum assistance | dependent |
|--|-------------|-------------|----------------------|-------------|--------------------------|--------------------|---------------------|--------------------|-----------|
| Wheelchair assistance                    |             |             |                      |             |                          |                    |                     |                    |           |
| Wheelchair distance: _____               |             |             |                      |             |                          |                    |                     |                    |           |
| Endurance: _____                         |             |             |                      |             |                          |                    |                     |                    |           |
| Strength: _____                          |             |             |                      |             |                          |                    |                     |                    |           |
| PT Goals-Short term and Long term: _____ |             |             |                      |             |                          |                    |                     |                    |           |

## PART FIVE – OCCUPATIONAL THERAPY

Continued Stay Requests must be requested within 24 hours from the last covered day.

Member is participating:  Yes  No

| Category   | As of date | Independent | Modified Independent | Supervision | Contact Guard Assistance | Minimal Assistance | Moderate Assistance | Maximum Assistance | Dependent |
|--|------------|-------------|----------------------|-------------|--------------------------|--------------------|---------------------|--------------------|-----------|
| feeding  |            |             |                      |             |                          |                    |                     |                    |           |
| grooming   |            |             |                      |             |                          |                    |                     |                    |           |
| Bathing UE   |            |             |                      |             |                          |                    |                     |                    |           |
| Bathing LE   |            |             |                      |             |                          |                    |                     |                    |           |
| Dressing UE  |            |             |                      |             |                          |                    |                     |                    |           |
| Dressing LE  |            |             |                      |             |                          |                    |                     |                    |           |
| Toileting/ hygiene                                   |            |             |                      |             |                          |                    |                     |                    |           |
| Toilet/ functional transfer                          |            |             |                      |             |                          |                    |                     |                    |           |
| Household management                                 |            |             |                      |             |                          |                    |                     |                    |           |
| OT Goals:<br>Short term _____<br><br>Long term _____ |            |             |                      |             |                          |                    |                     |                    |           |



## PART SIX - SPEECH THERAPY

Continued Stay Requests must be requested within 24 hours from the last covered day.

Member is participating:  Yes  No

Number of minutes participating in therapy: \_\_\_\_\_

| As of date:  | Responses  |
|--|--|
| Cognition: (alert and oriented, can member follow commands)              |  |
| Language deficit: can they express needs?                                | <input type="radio"/> Yes <input type="radio"/> No |
| Memory deficits:   |  |
| Safety judgement/problem solving: (are they impulsive, require a sitter) |  |
| Swallowing deficits:   | <input type="radio"/> Yes <input type="radio"/> No |
| What type of diet/liquids:   |  |
| Goals: Short term and long term:   | Short Term: _____<br>Long Term: _____              |

## PART SEVEN - DISCHARGE PLAN

| Items to Complete   | What's Been Completed |
|---|-----------------------|
| Has Caregiver Training been completed? Any barriers to Caregiver Training?  |                       |
| Anticipated disposition: (home alone, home with caregiver/family/significant other, personal care home, assisted living facility, long term residential care)         |                       |
| Caregiver available to assist: (yes/no) include hours available to assist, If no please specify.  |                       |
| Are there any social determinates: (social connections, transportation needs, safety, financial resource strain, health literacy, housing stability, food insecurity) |                       |
| DME needs: (if yes, please specify)   |                       |
| Is a home evaluation planned/needed prior to discharge: (yes/no)  |                       |
| Will the member require home health care, outpt therapy, other -please explain:   |                       |
| Community resources needed: (if yes, what)  |                       |
| Next MD appointment:  |                       |
| Any additional pertinent information or other discharge barriers:   |                       |



## **PART EIGHT – PROTECTED HEALTH INFORMATION (PHI)**

These documents contain PHI. Federal and state laws prohibit inappropriate use of PHI. If you are not the intended recipient or the person responsible for delivering these documents, you must properly dispose of them. If you need instructions, please call the facility phone number listed in the demographic area above.

Providers. You are required to return, destroy, or further protect any PHI you received pertaining to a patient that you are not currently treating. You are required to immediately destroy any such PHI, or safeguard the PHI for as long as it is retained. In no event are you permitted to use or re-disclose such PHI.

9/17/2021