

# Social Determinants of Health (SDoH) Toolkit

Social Determinants of Health (SDoH) are economic and social conditions that influence the health of people and communities. These conditions are shaped by the amount of money, power, and resources that people have. Determinants of Health are factors that contribute to a person's current state of health. The toolkit has been created to provide educational, assessment tools and resources as practices work to implement assessment of determinants of health in their workflow to assist in providing high-quality, cost-effective care.

## How Can the SDoH Toolkit Help Me to be Successful?

Social Determinants of Health affect factors that are related to health outcomes including:

- How a person develops during the first few years of life (early childhood development).
- How much education a person obtains
- Being able to get and keep a job
- What kind of work a person does
- Having food or being able to get food (food security)
- Having access to health services and the quality of those services
- Housing status
- How much money a person earns
- Discrimination and social support (CDC.gov)

All of these factors contributing to a person's current health status. The toolkit provides the following information to aid practices as they build a process to assess SDoH.

- Introduction to Social Determinants
- Toolkits to Assess Social Determinants of Health
- Integrating Social Determinants of Health Screening into Practice Workflow
- Implementing SDoH Screening and Response within the Practice
- Monitoring and Evaluation
- Connecting Providers to SDoH Resources

## More Information

If you have questions regarding the Social Determinants of Health Toolkit, please contact your Highmark representative.

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