

General Multi-system Exam – 1997

| CONTENT AND DOCUMENTATION REQUIREMENTS | <u>Level of Exam</u> | <u>Perform and Document</u> |
|---|---|--|
| | Problem Focused | One to five elements identified by a bullet. |
| | Expanded Problem Focused | At least six elements identified by a bullet. |
| | Detailed | At least two elements identified by a bullet from each six areas /Systems OR at least twelve elements identified by a bullet in two or more areas/systems. |
| Comprehensive | 2 elements in 9 systems/area for Gen Multi System exam OR All elements identified by a bullet in each major system, and one element in each minor system. | |

| SYSTEM / BODY AREA | ELEMENTS OF EXAMINATION |
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| Constitutional | <ul style="list-style-type: none"> Measurement of any three of the following seven vital signs: 1) sitting or standing blood pressure, 2) supine blood pressure, 3) pulse rate and regularity, 4) respiration, 5) temperature, 6) height, 7) weight (may be measured and recorded by ancillary staff) General appearance of patient e.g. development, nutrition, body habitus, deformities attention to grooming |
| Eyes | <ul style="list-style-type: none"> Inspection of conjunctivae and lids Examination of pupils and irises e.g. reaction to light and Accommodation, size and symmetry Ophthalmoscopic examination of optic discs e.g. size, C/D Ratio, appearance and posterior segments e.g. vessel Changes, exudates, hemorrhage |
| Ears, nose, Mouth & Throat | <ul style="list-style-type: none"> External inspection of ears and nose e.g. overall Appearance, scars, lesions, masses Otoscopic examination of external auditory canals and Tympanic membranes Assessment of hearing e.g. whispered voice, finger Rub, tuning fork Inspection of nasal mucosa, septum and turbinates Inspection of lips, teeth and gums Examination of oropharynx: oral mucosa, salivary glands Hard and soft palates, tongue, tonsils and posterior pharynx |
| Neck | <ul style="list-style-type: none"> Examination of neck e.g. masses, overall appearance, Symmetry, tracheal position, crepitus Examination of thyroid e.g. enlargement, tenderness, mass |
| Respiratory | <ul style="list-style-type: none"> Assessment of respiratory effort e.g. intercostals Retractions, use of accessory muscles, diaphragmatic movement Percussion of chest e.g. dullness, flatness, hyper Resonance Palpation of chest e.g. tactile fremitus Auscultation of lungs e.g. breath sounds, adventitious Sounds, rubs |
| Cardiovascular | <ul style="list-style-type: none"> Palpation of heart e.g. location, size, thrills Auscultation of heart with notation of abnormal sounds And murmurs Examination of: <ul style="list-style-type: none"> Carotid arteries e.g. pulse amplitude, bruits, Abdominal aorta e.g. size, bruits Femoral arteries e.g. pulse amplitude, bruits Pedal pulses e.g. pulse amplitude Extremities for edema and/or varicosities |
| Chest (breasts) | <ul style="list-style-type: none"> Inspection of breasts e.g. symmetry, nipple discharge Palpation of breasts and axillae e.g. masses or lumps Tenderness |
| Gastrointestinal (abdomen) | <ul style="list-style-type: none"> Examination of abdomen with notation of presence of Masses or tenderness Examination of liver and spleen Examination for presence or absence of hernia Examination of anus, perineum and rectum, including Sphincter tone, presence of hemorrhoids, rectal masses Obtain stool sample for occult blood test when indicated |

| SYSTEM / BODY AREA | ELEMENTS OF EXAMINATION |
|------------------------|---|
| Genitourinary (male) | <ul style="list-style-type: none"> Examination of the scrotal contents e.g. hydrocele, Spermatocele, tenderness or cord, testicular mass Examination of the penis Digital rectal examination of prostate gland e.g. size, symmetry, nodularity, tenderness |
| Genitourinary (female) | <ul style="list-style-type: none"> Pelvic examination (with or without specimen collection For smears and cultures) including: <ul style="list-style-type: none"> Examination of external genitalia e.g. general appearance, hair distribution, lesions and vagina e.g. general appearance, estrogen effect discharge, lesions, pelvic support, cystocele, rectocele Examination of the bladder e.g. fullness, masses, tenderness Cervix e.g. general appearance, lesions, discharge Uterus e.g. size, contour, position, mobility, tenderness, consistency, descent or support Adnexa/parametria e.g. masses, tenderness, organomegaly, nodularity |
| Lymphatic | <ul style="list-style-type: none"> Palpation of lymph nodes in two or more areas: <ul style="list-style-type: none"> Neck Axillae Groin Other |
| Musculoskeletal | <ul style="list-style-type: none"> Examination of gait and station Inspection and/or palpations of digits and nails e.g. Clubbing, cyanosis, inflammatory conditions, petechiae, Ischemia, infections, nodes Examination of joints, bones and muscles of one or more of The following six areas: 1) head and neck, 2) spine, ribs and Pelvis, 3) right upper extremity, 4) left upper extremity, 5) right lower extremity, 6) left lower extremity. The Examination of a given area includes: <ul style="list-style-type: none"> Inspection and/or palpation with notation of presence of Any misalignment, asymmetry, crepitation, defects, Tenderness, masses, effusions Assessment of range of motion with notation of any pain, Crepitation or contracture Assessment of stability with notation of any dislocation (luxation), subluxation or laxity Assessment of muscle strength and tone e.g. flaccid, Cog wheel, spastic with notation of any atrophy or Abnormal movements. |
| Skin | <ul style="list-style-type: none"> Inspection of skin and subcutaneous tissue e.g. rashes, Lesions, ulcers Palpation of skin and subcutaneous tissue e.g. induration, Subcutaneous nodules, tightening |
| Neurologic | <ul style="list-style-type: none"> Test cranial nerves with notation of any deficits Examination of deep tendon reflexes with notation of Pathological reflexes e.g. Babinski Examination of sensation e.g. by touch, pin , vibration proprioception |
| Psychiatric | <ul style="list-style-type: none"> Description of patient's judgment and insight Brief assessment of mental status including: <ul style="list-style-type: none"> Orientation to time, place and person Recent and remote memory Mood and affect e.g. depression, anxiety, agitation |