

**Genitourinary**

<b>CONTENT AND DOCUMENTATION REQUIREMENTS</b>	<p style="text-align: center;">Level of Exam Problem Focused</p> <p style="text-align: center;">Expanded Problem Focused Detailed</p> <p style="text-align: center;">Comprehensive</p>	<p style="text-align: center;">Perform and Document</p> <p>One to five elements identified by a bullet. At least six elements identified by a bullet. At least twelve elements identified by a bullet. Perform all elements identified by a bullet; document every element In every heavy box at least one element in every regular box.</p>
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<b>SYSTEM/BODY AREA    ELEMENTS OF EXAMINATION</b>	
Constitutional	<ul style="list-style-type: none"> <li>• Measurement of any three of the following seven vital signs: 1) sitting or standing blood pressure, 2) supine blood pressure, 3) pulse rate and regularity, 4) respiration, 5) temperature, 6) height, 7) weight (may be measured and recorded by ancillary staff)</li> <li>• General appearance of patient e.g. development, nutrition, body habitus, deformities, attention to grooming.</li> </ul>
Neck	<ul style="list-style-type: none"> <li>• Examination of neck e.g. masses, overall appearance, symmetry, tracheal position, crepitus</li> <li>• Examination of thyroid e.g. enlargement, tenderness, mass</li> </ul>
Respiratory	<ul style="list-style-type: none"> <li>• Assessment of respiratory effort e.g. intercostals retractions, use of accessory muscles, diaphragmatic movement</li> <li>• Auscultation of lungs e.g. breath sounds, adventitious sounds rubs</li> </ul>
Cardiovascular	<ul style="list-style-type: none"> <li>• Auscultation of heart including sounds, abnormal sounds and murmurs</li> <li>• Examination of peripheral vascular system by observation e.g. swelling, varicosities and palpation e.g. pulse, temperature, edema, tenderness</li> </ul>
Chest (breasts)	<ul style="list-style-type: none"> <li>• See genitourinary (female)</li> </ul>
Gastrointestinal (abdomen)	<ul style="list-style-type: none"> <li>• Examination of abdomen with notation of presence of masses or tenderness</li> <li>• Examination for presence or absence of hernia</li> <li>• Examination of liver and spleen</li> <li>• Obtain stool sample for occult blood test when indicated</li> </ul>
Genitourinary (male)	<ul style="list-style-type: none"> <li>• Inspection of anus and perineum</li> </ul> <p>Examination (with or without specimen collection for smears and cultures) of genitalia including:</p> <ul style="list-style-type: none"> <li>• Scrotum e.g. lesions, cysts, rashes</li> <li>• Epididymides e.g. size, symmetry, masses</li> <li>• Testes e.g. size, symmetry, masses</li> <li>• Urethral meatus e.g. size, location, lesions, discharge</li> <li>• Penis e.g. lesions, presence or absence of foreskin, foreskin retractability, plaque, masses, scarring, deformities</li> </ul> <p>Digital rectal examination including:</p> <ul style="list-style-type: none"> <li>• Prostate gland e.g. size, symmetry, nodularity, tenderness</li> <li>• Seminal vesicles e.g. symmetry, tenderness, masses enlargement</li> <li>• Sphincter tone, presence or hemorrhoids, rectal masses</li> </ul>
Genitourinary (female)  Includes at least Seven of the Eleven elements To the right, Identified by bullets	<ul style="list-style-type: none"> <li>• Inspection and palpation of breasts e.g. masses or lumps, tenderness, symmetry, nipple discharge</li> <li>• Digital rectal examination including sphincter tone, presence or hemorrhoids. Rectal masses</li> </ul> <p>Pelvic examination (with or without specimen collection for smears and cultures) including:</p> <ul style="list-style-type: none"> <li>• External genitalia e.g. general appearance, hair distribution, lesions</li> <li>• Urethral meatus e.g. size, location, lesions, prolapse</li> <li>• Urethra e.g. masses, tenderness, scarring</li> <li>• Bladder e.g. fullness, masses, tenderness</li> <li>• Vagina e.g. general appearance, estrogen effect, discharge, lesions, pelvic support, cystocele, rectocele</li> <li>• Cervix e.g. general appearance, lesions, discharge</li> <li>• Uterus e.g. size, contour, position, mobility, tenderness, consistency, descent or support</li> <li>• Adnexa/parametria e.g. masses, tenderness, organomegaly, nodularity</li> <li>• Anus and perineum</li> </ul>
Lymphatic	<ul style="list-style-type: none"> <li>• Palpation of lymph nodes in neck, axillae, groin and/or other location</li> </ul>
Skin	<ul style="list-style-type: none"> <li>• Inspection and/or palpation of skin and subcutaneous tissue e.g. rashes, lesions, ulcers</li> </ul>
Neurological/Psychiatric	<p>Brief assessment of mental status including:</p> <ul style="list-style-type: none"> <li>• Orientation e.g. time, place and person</li> <li>• Mood and affect e.g. depression, anxiety and agitation</li> </ul>