

Ear, Nose and Throat

Single Organ System Exam – 1997

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| CONTENT AND DOCUMENTATION REQUIREMENTS | <u>Level of Exam</u> | <u>Perform and Document</u> |
| | Problem Focused | One to five elements identified by a bullet. |
| | Expanded Problem Focused | At least six elements identified by a bullet. |
| | Detailed | At least twelve elements identified by a bullet. |
| | Comprehensive | Perform all elements identified by a bullet; document every element In every heavy box at least one element in every regular box. |

| SYSTEM/BODY AREA ELEMENTS OF EXAMINATION | |
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| Constitutional | <ul style="list-style-type: none"> • Measurement of any three of the following seven vital signs: 1) sitting or standing blood pressure, 2) supine blood pressure, 3) pulse rate and regularity, 4) respiration, 5) temperature, 6) height, 7) weight (may be measured and recorded by ancillary staff) • General appearance of patient e.g. development, nutrition, body habitus, deformities, attention to grooming. • Assessment of ability to communicate e.g. use of sign language or other communication aides and quality of voice |
| Head & Face | <ul style="list-style-type: none"> • Inspection of head and face e.g. overall appearance, scars, lesions, and masses • Palpation and/or percussion of face with notation of presence or absence of sinus tenderness • Examination of salivary glands • Assessment of facial strength |
| Eyes | <ul style="list-style-type: none"> • Test ocular motility including primary gaze alignment |
| Ears, nose, mouth & throat | <ul style="list-style-type: none"> • Otoscopic examination of external auditory canals and tympanic membranes including pneumo-otoscopy with notation of mobility of membranes • Assessment of hearing with tuning fork and clinical speech reception thresholds e.g. whispered voice, finger rub • External inspection of ears and nose e.g. overall appearance, scars, lesions, masses • Inspection of nasal mucosa, septum and turbinates • Inspection of lips, teeth and gums • Examination of oropharynx: oral mucosa, hard and soft palates, tongue and posterior pharynx e.g. asymmetry, lesions, hydration of mucosal surfaces • Inspection of pharyngeal walls and pyriform sinuses e.g. pooling of saliva, asymmetry, lesions • Examination of mirror of larynx (use of mirror not required in children) • Examination by mirror of nasopharynx including appearance of the mucosa, adenoids, posterior choanae and Eustachian tubes (use of mirror not required in children) |
| Neck | <ul style="list-style-type: none"> • Examination of neck e.g. masses, overall appearance, symmetry, tracheal position, crepitus • Examination of thyroid e.g. enlargement, tenderness, mass |
| Respiratory | <ul style="list-style-type: none"> • Inspection of chest including symmetry, expansion and/or assessment of respiratory effort e/g intercostals retractions, use of accessory muscles, diaphragmatic movement • Auscultation of lungs e.g. breath sounds, adventitious sound, rubs |
| Cardiovascular | <ul style="list-style-type: none"> • Auscultation of heart including sounds, abnormal sounds and murmurs • Examination of peripheral vascular system by observation e.g. swelling, varicosities and palpation e.g. pulse, temperature, edema, tenderness |
| Lymphatic | <ul style="list-style-type: none"> • Palpation of lymph nodes in neck, axillae, groin and/or other locations |
| Neurological/Psychiatric | <ul style="list-style-type: none"> • Test cranial nerves with notation of any deficits Brief assessment of mental status including: <ul style="list-style-type: none"> • Orientation to time, place and person • Mood and affect e.g. depression, anxiety, agitation |