

Cardiovascular

Single Organ System Exam – 1997

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CONTENT AND DOCUMENTATION REQUIREMENTS	<u>Level of Exam</u>	<u>Perform and Document</u>
	Problem Focused Expanded Problem Focused Detailed Comprehensive	One to five elements identified by a bullet. At least six elements identified by a bullet. At least twelve elements identified by a bullet. Perform all elements identified by a bullet; document every element In every heavy box at least one element in every regular box.

SYSTEM/BODY AREA ELEMENTS OF EXAMINATION	
Constitutional	<ul style="list-style-type: none"> Measurement of an three of the following seven vital signs: 1) sitting or standing blood pressure, 2) supine blood pressure, 3) pulse rate and regularity, 4) respiration, 5) temperature, 6) height, 7) weight (may be measured and recorded by ancillary staff) General appearance of patient e.g. development, nutrition, body habitus, deformities, attention to grooming
Eyes	<ul style="list-style-type: none"> Inspection of conjunctivae and lids e.g. xanthelasma
Ears, nose, Mouth & throat	<ul style="list-style-type: none"> Inspection of teeth, gums and palate Inspection of oral mucosa with notation of presence of pallor or cyanosis
Neck	<ul style="list-style-type: none"> Examination of jugular veins e.g. distension; a, v or cannon A waves Examination of thyroid e.g. enlargement, tenderness, mass
Respiratory	<ul style="list-style-type: none"> Assessment of respiratory effort e.g. intercostals retractions, use of accessory muscles, diaphragmatic movement Auscultation of lungs e.g. breath sounds, adventitious sounds rurs
Cardiovascular	<ul style="list-style-type: none"> Palpation of heart e.g. location, size and forcefulness of the point of maximal impact; thrills; lifts; palpable S3 or S4 Auscultation of heart including sounds, abnormal sounds and murmurs Measurement of blood pressure in two or more extremities when indicated e.g. aortic dissection, coarctation <p>Examination of:</p> <ul style="list-style-type: none"> Carotid arteries e. g. waveform, pulse amplitude, bruits, apical-carotid delay Abdominal aorta e.g. size, bruits Femoral arteries e.g. pulse amplitude, bruits Pedal pulses e.g. pulse amplitude Extremities for peripheral edema and/or varicosities
Gastrointestinal (abdomen)	<ul style="list-style-type: none"> Examination of abdomen with notation of presence of masses or tenderness Examination of liver and spleen Obtain stool sample for occult blood test from patients who are being considered for thrombolytic or anticoagulant therapy
Musculoskeletal	<ul style="list-style-type: none"> Examination of the back with notation of kyphosis or scoliosis Examination of gait with notation of ability to undergo exercise testing and/or participation in exercise programs Assessment of muscle strength and tone e.g. flaccid, cog wheel, spastic with notation of any atrophy or abnormal movements
Extremities	<ul style="list-style-type: none"> Inspection and palpation of digits and nails e.g. clubbing, cyanosis, inflammation, petechiae, ischemia, infection, Osler's nodes
Skin	<ul style="list-style-type: none"> Inspection and/or palpation of skin and subcutaneous tissue e.g. stasis dermatitis, ulcers, scars, xanthomas
Neurological/ Psychiatric	<p>Brief assessment of mental status including:</p> <ul style="list-style-type: none"> Orientation to time, place and person Mood and affect e.g. depression, anxiety, agitation