

Hyperlipidemia

Hyperlipidemia, or high cholesterol, is a lifelong condition defined by elevated blood lipids. While requiring ongoing management, effective treatment can control the condition and reduce its risks. Untreated hyperlipidemia can lead to severe vascular disease and can even be fatal. Since it often lacks symptoms until significant damage occurs, regular check-ups and adherence to risk assessment guidelines are crucial for early detection. Various types exist, including pure hypercholesterolemia and mixed hyperlipidemia. Diagnosis is typically made via a lipid panel blood test. Treatment focuses on lifestyle changes and medication, primarily aiming to lower the risk of heart attacks and strokes.

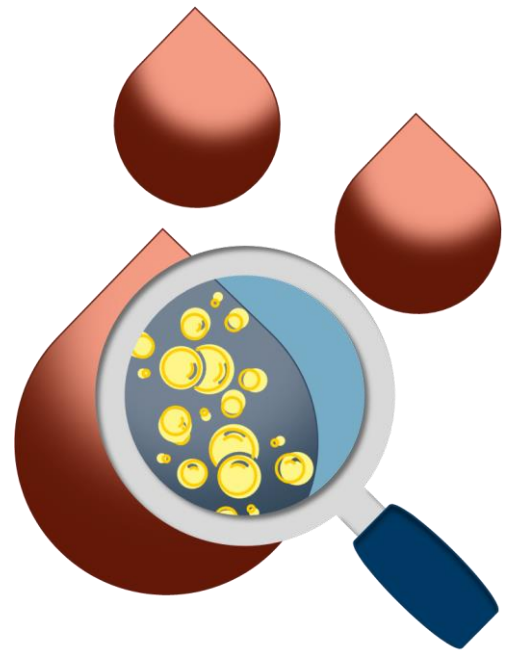
Best Documentation Practices

Specify the type: Pure hypercholesterolemia, Familial hypercholesterolemia, Pure hyperglyceridemia, Mixed hyperlipidemia, Hyperchylomicronemia.

Document coexisting conditions: Diabetes, Hypertension, Coronary artery disease, Hypothyroidism, Kidney disease, Liver disease.

Record contribution lifestyle factors: Diet, physical activity, smoking, alcohol, and drug use.

Document a detailed care plan, including supporting evidence like lab results and prescribed medications.



M.E.A.T. the Condition

Proper documentation requires at least one of these four elements be present in the documentation for each condition.



How is the patient doing?

Document signs, symptoms, disease progression/regression or ongoing surveillance



What is the current state of the condition?

Document current state, test results, medication effectiveness or response to treatment



How will the condition be evaluated?

Document discussion, review of records, counseling, or ordering further tests



What is being done to help the condition?

Document care, prescribed medications, referral to specialist or other modalities

CMS requires **annual coding and reporting of all chronic conditions**. A condition is not considered present in a given year unless it is appropriately documented and coded in that year.

Hyperlipidemia ICD-10 Category Reference Guide

This list of ICD-10 codes (containing some incomplete codes) is not exhaustive. Refer to the current version of the ICD-10-CM Official Guidelines for Coding and Reporting, the ICD-10-CM Index to Diseases and Injuries, and the Tabular List of Diseases for a list of all ICD-10-CM codes and coding instructions. Copies of the Risk Adjustment models can be found at www.cms.gov/medicare/payment/medicare-advantage-rates-statistics/risk-adjustment.

Disorders of lipoprotein metabolism and other lipidemias	
E78.00	Pure hypercholesterolemia, unspecified
E78.010	Homozygous familial hypercholesterolemia
E78.011	Heterozygous familial hypercholesterolemia
E78.019	Familial hypercholesterolemia, unspecified
E78.1	Pure hyperglyceridemia
E78.2	Mixed hyperlipidemia
E78.3	Hyperchylomicronemia
E78.41	Elevated Lipoprotein(a)
E78.49	Other hyperlipidemia
E78.5	Hyperlipidemia, unspecified
E78.6	Lipoprotein deficiency
E78.7X	Disorders of bile acid and cholesterol metabolism
E78.8X	Other disorders of lipoprotein metabolism
E78.9	Disorder of lipoprotein metabolism, unspecified

Coding Example

Documentation

Subjective: Here to establish care. She has H/O CVA, HLD and HTN. Denies smoking and alcohol use

Medications: Atorvastatin 40mg, Evolocumab 140 mg SC q2wk

Assessment & Plan: Hyperlipidemia – Ordered lipid panel, CBC and CMP. Continue Atorvastatin and Evolocumab, order sent to new pharmacy. Discussed maintaining healthy active lifestyle and continuing abstinence from smoking and alcohol.

ICD-10 Code(s)

E78.5 Hyperlipidemia, unspecified

Rationale

The clinician has assessed the hyperlipidemia along with co-existing conditions. Lifestyle factors have been discussed and a treatment plan consisting of medication management and lab monitoring has been documented.

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NOTE: This tool is intended to assist with documentation only and not intended to take the place of clinical analysis. Information regarding any law or regulation does not constitute legal or tax advice and is subject to change based upon the issuance of new guidance and/or change in laws or regulations. Reference Official ICD-10-CM coding guidelines and manuals or electronic medical coding software for accurate ICD-10-CM codes and specificity.

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