

CHILDHOOD OBESITY PREVENTIVE HEALTH BENEFIT

Included benefits

Annually, children 2 years to 18 years of age with a BMI in the 85th percentile or greater are eligible for:

- Four preventive health office visits: three follow up visits per year to the annual preventive exam specifically for obesity and a blood pressure check
- Unlimited nutritional counseling visits per year specifically for obesity
- One set of recommended lab work annually that includes:
 - Cholesterol screening
 - Hemoglobin A1c OR fasting glucose
 - AST
 - ALT

Codes and Billing Considerations

Office visit codes: 99381-99384, 99391-99394

Nutritional counseling codes: 97802-97804, 99401-99404, G0447

Cholesterol screening**:

Lipid panel: 80061
Total cholesterol: 82465
HDL: 83718
Triglycerides: 84478
LDL: 83721

Hemoglobin A1c*: 83036, 83037

Fasting glucose*: 82985

AST: 84450

ALT: 84460

*Patients are eligible for either one hemoglobin A1c OR one fasting glucose per calendar year.

**Cholesterol screening services are eligible with any routine diagnosis code.

Obesity diagnosis codes:

Z68.53: Body Mass Index (BMI) Pediatric, 85th percentile to less than 95th percentile for age

Z68.54: Body Mass Index (BMI) Pediatric, greater than or equal to 95th percentile for age

You must use an obesity diagnosis code when billing for the services listed above (except cholesterol screening as noted above)