

# Pediatric Health History Form – Initial Visit

**CHART #**

Child's Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Age \_\_\_\_\_  
 Your Name \_\_\_\_\_ Relationship to Child \_\_\_\_\_

**Child's Past Medical History**

**Pregnancy/Neonatal Period**

Where was your child born? \_\_\_\_\_  
 Is the child yours by  birth  adoption  stepchild  other  
 Pregnancy complications \_\_\_\_\_  
 Delivery by  vaginal  c-section  
 Reason for c-section \_\_\_\_\_  
 Complications \_\_\_\_\_  
 Was your child premature  No  Yes, born at \_\_\_\_\_ weeks  
 Complications \_\_\_\_\_  
 Apgar scores 1 minute \_\_\_\_\_ 5 minutes \_\_\_\_\_  
 Birth weight \_\_\_\_\_ Length \_\_\_\_\_  
 Other problems in the newborn period \_\_\_\_\_

**Infancy/Childhood/Adolescence**

Has your child ever been treated for or diagnosed with: (explain)  
 Asthma or reactive airway disease \_\_\_\_\_  
 Wheezing or bronchiolitis \_\_\_\_\_  
 Seasonal allergies or eczema \_\_\_\_\_  
 Food allergy \_\_\_\_\_  
 Recurrent ear infections \_\_\_\_\_  
 Pneumonia \_\_\_\_\_  
 Urinary tract infections \_\_\_\_\_  
 Genetic syndrome \_\_\_\_\_  
 Seizures \_\_\_\_\_  
 Anemia \_\_\_\_\_  
 Broken bone \_\_\_\_\_  
 Mental retardation or learning disability \_\_\_\_\_  
 Depression/anxiety \_\_\_\_\_  
 Other chronic medical conditions \_\_\_\_\_

Has your child ever been hospitalized  No  Yes (explain)  
 \_\_\_\_\_

Previous surgeries and dates \_\_\_\_\_

Please list any specialist your child is currently seeing and reason:  
 \_\_\_\_\_  
 \_\_\_\_\_

**Medications**

**ALLERGIES** to medicine/vaccines (list and describe reaction)  
 \_\_\_\_\_  
 \_\_\_\_\_

Current medications and dose: \_\_\_\_\_  
 \_\_\_\_\_

Vitamins \_\_\_\_\_

Herbal supplements \_\_\_\_\_

Over-the-counter meds \_\_\_\_\_

**Development/Nutrition**

At what age did your child: Sit alone \_\_\_\_\_  
 Walk alone \_\_\_\_\_ Say words \_\_\_\_\_  
 Toilet train(day) \_\_\_\_\_ 1<sup>st</sup> period (females) \_\_\_\_\_  
 Was your child breastfed  No  Yes, how long? \_\_\_\_\_  
 Has your child had any unusual feeding/dietary problems? Explain.  
 \_\_\_\_\_

Current milk intake: Type \_\_\_\_\_ Amount \_\_\_\_\_ oz/d

**Social History**

Who lives in the household with the child?  Mom  Dad  
 Siblings (# \_\_\_\_\_)  Grandparents  Other \_\_\_\_\_  
 Child's parents are  married  unmarried  divorced  other  
 Childcare  parents  relatives  daycare  babysitter/nanny  
 Days per week in childcare (not with parents) \_\_\_\_\_  
 Do any household members smoke  Yes  No  
 How many hours per day does your child spend:  
 Watching TV \_\_\_\_\_ Computer \_\_\_\_\_ Video games \_\_\_\_\_  
 Child's school name \_\_\_\_\_ Grade \_\_\_\_\_  
 Any concerns about school performance?  No  Yes, explain  
 \_\_\_\_\_  
 Any concerns about peer or teacher relationships?  No  Yes  
 \_\_\_\_\_

Sports/exercise: Type \_\_\_\_\_  
 How often? \_\_\_\_\_ How long \_\_\_\_\_ min

**Family History**

Do any family members have any of the following conditions:

Condition	Mother	Father	Sibling	Grandparent
Asthma	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Anemia	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Blood disorder	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cancer	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Heart attack/disease	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
High cholesterol	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
High blood pressure	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Stroke	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Diabetes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Thyroid disease	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Kidney disease	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Seizures	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Migraines	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Depression/anxiety	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Alcoholism	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
ADD/ADHD	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Please explain all positives. \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Review of Systems (Check all that apply)**

- |   |   |
|---|---|
| <b>Constitutional</b>   | <b>Gastrointestinal</b>   |
| <input type="checkbox"/> Fever, chills <input type="checkbox"/> Fatigue     | <input type="checkbox"/> Nausea, vomiting, diarrhea                           |
| <input type="checkbox"/> Unexplained weight loss/gain                       | <input type="checkbox"/> Constipation, blood in stool                         |
| <input type="checkbox"/> Excessive thirst                                   | <input type="checkbox"/> Abdominal pain                                       |
| <b>Ear, Nose, and Throat</b>  | <b>Cardiovascular</b>   |
| <input type="checkbox"/> Loud voice, hearing problem                        | <input type="checkbox"/> Chest pain, palpitations                             |
| <input type="checkbox"/> Mouth-breathing, snoring                           | <input type="checkbox"/> Tires easily with exertion                           |
| <input type="checkbox"/> Ear pain   | <input type="checkbox"/> Fainting   |
| <input type="checkbox"/> Frequent runny nose                                | <b>Genitourinary</b>  |
| <b>Respiratory</b>  | <input type="checkbox"/> Frequent or painful urination                        |
| <input type="checkbox"/> Cough, short of breath                             | <input type="checkbox"/> Bedwetting, frequent accidents                       |
| <input type="checkbox"/> Chest tightness, wheeze                            | <input type="checkbox"/> Vaginal or penile discharge                          |
| <b>Musculoskeletal</b>  | <b>Neurologic</b>   |
| <input type="checkbox"/> Muscle pain, weakness                              | <input type="checkbox"/> Headaches <input type="checkbox"/> Seizures          |
| <input type="checkbox"/> Joint pain, swelling                               | <input type="checkbox"/> Clumsiness <input type="checkbox"/> Milestone delay  |
| <input type="checkbox"/> Bone pain  | <b>Psychiatric/emotional</b>  |
| <b>Other (eye, skin, blood)</b>   | <input type="checkbox"/> Anxiety/stress <input type="checkbox"/> Depression   |
| <input type="checkbox"/> Blurry vision <input type="checkbox"/> Squinting   | <input type="checkbox"/> Sleep problem <input type="checkbox"/> Anger concern |
| <input type="checkbox"/> "Crossed" eyes <input type="checkbox"/> Itchy eyes | <input type="checkbox"/> Concerns with attention, impulsivity                 |
| <input type="checkbox"/> Rashes <input type="checkbox"/> Abnormal moles     |   |
| <input type="checkbox"/> Abnormal bruising, bleed                           |   |