

**Skin**

Single Organ System Exam – 1997

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|---|--------------------------|--|
| <b>CONTENT<br/>AND<br/>DOCUMENTATION<br/>REQUIREMENTS</b> | <u>Level of Exam</u>     | <u>Perform and Document</u>  |
|   | Problem Focused          | One to five elements identified by a bullet.   |
|   | Expanded Problem Focused | At least six elements identified by a bullet.  |
|   | Detailed                 | At least twelve elements identified by a bullet.   |
|   | Comprehensive            | Perform all elements identified by a bullet; document every element<br>In every heavy box at least one element in every regular box. |

| <b>SYSTEM/BODY AREA</b>    |  | <b>ELEMENTS OF EXAMINATION</b>  |
|----------------------------|--|---|
| Constitutional             |  | <ul style="list-style-type: none"> <li>Measurement of any three of the following seven vital signs: 1) Sitting or standing blood pressure, 2) supine blood pressure, 3) pulse rate and regularity, 4) respiration, 5) temperature, 6) height, 7) weight (may be measured and recorded by ancillary staff)</li> <li>General appearance of patient e.g. development, nutrition, body habitus, deformities, attention to grooming.</li> </ul>  |
| Eyes                       |  | <ul style="list-style-type: none"> <li>Inspection of conjunctivae and lids</li> </ul>   |
| Ears, nose, mouth & throat |  | <ul style="list-style-type: none"> <li>Inspection of lips, teeth and gums</li> <li>Examination of oropharynx e.g. oral mucosa, hard and soft palates, tongue, tonsils and posterior pharynx</li> </ul>  |
| Neck                       |  | <ul style="list-style-type: none"> <li>Examination of thyroid e.g. enlargement, tenderness, mass</li> </ul>   |
| Cardiovascular             |  | <ul style="list-style-type: none"> <li>Examination of peripheral vascular system by observation e.g. swelling, varicosities and palpation e.g. pulses, temperature, edema, tenderness</li> </ul>  |
| Gastrointestinal (abdomen) |  | <ul style="list-style-type: none"> <li>Examination of liver and spleen</li> <li>Examination of anus for condyloma and other lesions</li> </ul>  |
| Lymphatic                  |  | <ul style="list-style-type: none"> <li>Palpation of lymph nodes in neck axillae, groin and/or other location</li> </ul>   |
| Extremities                |  | <ul style="list-style-type: none"> <li>Inspection and palpation of digits and nails e.g. clubbing, cyanosis, inflammation, petechiae, ischemia, infections, nodes</li> </ul>  |
| Skin                       |  | <ul style="list-style-type: none"> <li>Palpation of scalp and inspection of hair of scalp, eyebrows, face, chest, pubic area (when indicated) and extremities</li> <li>Inspection and/or palpation of skin and subcutaneous tissue e.g. rashes, lesions, ulcers, susceptibility to and presence of photo damage in eight of the following ten areas 1) head including face, 2) neck, 3) chest including breasts and axilla, 4) abdomen, 5) genitalia, groin, buttocks, 6) back 7) right upper extremity, 8) left upper extremity, 9) right lower extremity, 10) left lower extremity</li> </ul> <p><i>Note: For the comprehensive level of examination, all eight anatomic areas must be performed and documented. For the three lower levels of examination, each body area is counted separately. For example, inspection and/or palpation of the skin and subcutaneous tissue of the right upper extremity and the left upper extremity constitutes two elements.</i></p> <ul style="list-style-type: none"> <li>Inspection of eccrine and apocrine glands of skin and subcutaneous tissue with identification and location of any hyperhidrosis, chromhidroses or bromhidrosis</li> </ul> |
| Neurological/Psychiatric   |  | Brief assessment of mental status including: <ul style="list-style-type: none"> <li>Orientation to time, place and person</li> <li>Mood and affect e.g. depression, anxiety, agitation</li> </ul>   |