

**Respiratory**

Single Organ System Exam – 1997

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<b>CONTENT AND DOCUMENTATION REQUIREMENTS</b>	<u>Level of Exam</u>	<u>Perform and Document</u>
	Problem Focused	One to five elements identified by a bullet.
	Expanded Problem Focused	At least six elements identified by a bullet.
	Detailed	At least twelve elements identified by a bullet.
	Comprehensive	Perform all elements identified by a bullet; document every element In every heavy box at least one element in every regular box.

<b>SYSTEM/BODY AREA</b>		<b>ELEMENTS OF EXAMINATION</b>
Constitutional		<ul style="list-style-type: none"> <li>Measurement of any three of the following seven vital signs: 1) sitting or standing blood pressure, 2) supine blood pressure, 3) pulse rate and regularity, 4) respiration, 5) temperature, 6) height, 7) weight (may be measured and recorded by ancillary staff)</li> <li>General appearance of patient e.g. development, nutrition, body habitus, deformities, attention to grooming.</li> </ul>
Ears, nose, Mouth & throat		<ul style="list-style-type: none"> <li>Inspection of nasal mucosa, septum and turbinates</li> <li>Inspection of teeth and gums</li> <li>Examination of oropharynx e.g. oral mucosa, hard and soft palates, tongue, tonsils and posterior pharynx</li> </ul>
Neck		<ul style="list-style-type: none"> <li>Examination of neck e.g. masses, overall appearance, symmetry, tracheal position, crepitus</li> <li>Examination of thyroid e.g. enlargement, tenderness, mass</li> <li>Examination of jugular veins e.g. distension; a, v or cannon A waves</li> </ul>
Respiratory		<ul style="list-style-type: none"> <li>Inspection of chest with notation of symmetry and expansion</li> <li>Assessment of respiratory effort e.g. intercostals retractions, use of accessory muscles, diaphragmatic movement</li> <li>Percussion of chest e.g. dullness, flatness, hyperresonance</li> <li>Palpation of chest e.g. tactile fremitus</li> <li>Auscultation of lungs e.g. breath sounds, adventitious sounds rurs</li> </ul>
Cardiovascular		<ul style="list-style-type: none"> <li>Auscultation of heart including sounds, abnormal sounds and murmurs</li> <li>Examination of peripheral vascular system by observation e.g. swelling, varicosities and palpation e.g. pulse, temperature, edema, tenderness</li> </ul>
Gastrointestinal (abdomen)		<ul style="list-style-type: none"> <li>Examination of abdomen with notation of presence of masses or tenderness</li> <li>Examination of liver and spleen</li> </ul>
Lymphatic		<ul style="list-style-type: none"> <li>Palpation of lymph nodes in neck, axillae, groin and/or other locations</li> </ul>
Musculoskeletal		<ul style="list-style-type: none"> <li>Assessment of muscle strength and tone e.g. flaccid, cog wheel, spastic with notation of any atrophy or abnormal movements</li> <li>Examination of gait and station</li> </ul>
Extremities		<ul style="list-style-type: none"> <li>Inspection of palpation of digits and nails e.g. clubbing, cyanosis, inflammation, petechiae, ischemia, infections, nodes</li> </ul>
Skin		<ul style="list-style-type: none"> <li>Inspection and/or palpation of skin and subcutaneous tissue e.g. rashes, lesions, ulcers</li> </ul>
Neurological/Psychiatric		Brief assessment of mental status including: <ul style="list-style-type: none"> <li>Orientation to time, place and person</li> <li>Mood and affect e.g. depression, anxiety, agitation</li> </ul>