

Genitourinary

Single Organ System Exam – 1997

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CONTENT AND DOCUMENTATION REQUIREMENTS	Level of Exam	Perform and Document
	Problem Focused	One to five elements identified by a bullet.
	Expanded Problem Focused	At least six elements identified by a bullet.
	Detailed	At least twelve elements identified by a bullet.
	Comprehensive	Perform all elements identified by a bullet; document every element In every heavy box at least one element in every regular box.

SYSTEM/BODY AREA ELEMENTS OF EXAMINATION	
Constitutional	<ul style="list-style-type: none"> Measurement of any three of the following seven vital signs: 1) sitting or standing blood pressure, 2) supine blood pressure, 3) pulse rate and regularity, 4) respiration, 5) temperature, 6) height, 7) weight (may be measured and recorded by ancillary staff) General appearance of patient e.g. development, nutrition, body habitus, deformities, attention to grooming.
Neck	<ul style="list-style-type: none"> Examination of neck e.g. masses, overall appearance, symmetry, tracheal position, crepitus Examination of thyroid e.g. enlargement, tenderness, mass
Respiratory	<ul style="list-style-type: none"> Assessment of respiratory effort e.g. intercostals retractions, use of accessory muscles, diaphragmatic movement Auscultation of lungs e.g. breath sounds, adventitious sounds rubs
Cardiovascular	<ul style="list-style-type: none"> Auscultation of heart including sounds, abnormal sounds and murmurs Examination of peripheral vascular system by observation e.g. swelling, varicosities and palpation e.g. pulse, temperature, edema, tenderness
Chest (breasts)	<ul style="list-style-type: none"> See genitourinary (female)
Gastrointestinal (abdomen)	<ul style="list-style-type: none"> Examination of abdomen with notation of presence of masses or tenderness Examination for presence or absence of hernia Examination of liver and spleen Obtain stool sample for occult blood test when indicated
Genitourinary (male)	<ul style="list-style-type: none"> Inspection of anus and perineum <p>Examination (with or without specimen collection for smears and cultures) of genitalia including:</p> <ul style="list-style-type: none"> Scrotum e.g. lesions, cysts, rashes Epididymides e.g. size, symmetry, masses Testes e.g. size, symmetry, masses Urethral meatus e.g. size, location, lesions, discharge Penis e.g. lesions, presence or absence of foreskin, foreskin retractability, plaque, masses, scarring, deformities <p>Digital rectal examination including:</p> <ul style="list-style-type: none"> Prostate gland e.g. size, symmetry, nodularity, tenderness Seminal vesicles e.g. symmetry, tenderness, masses enlargement Sphincter tone, presence or hemorrhoids, rectal masses
Genitourinary (female)	<ul style="list-style-type: none"> Inspection and palpation of breasts e.g. masses or lumps, tenderness, symmetry, nipple discharge Digital rectal examination including sphincter tone, presence or hemorrhoids. Rectal masses <p>Includes at least Seven of the Eleven elements To the right, Identified by bullets</p> <p>Pelvic examination (with or without specimen collection for smears and cultures) including:</p> <ul style="list-style-type: none"> External genitalia e.g. general appearance, hair distribution, lesions Urethral meatus e.g. size, location, lesions, prolapse Urethra e.g. masses, tenderness, scarring Bladder e.g. fullness, masses, tenderness Vagina e.g. general appearance, estrogen effect, discharge, lesions, pelvic support, cystocele, rectocele Cervix e.g. general appearance, lesions, discharge Uterus e.g. size, contour, position, mobility, tenderness, consistency, descent or support Adnexa/parametria e.g. masses, tenderness, organomegaly, nodularity Anus and perineum
Lymphatic	<ul style="list-style-type: none"> Palpation of lymph nodes in neck, axillae, groin and/or other location
Skin	<ul style="list-style-type: none"> Inspection and/or palpation of skin and subcutaneous tissue e.g. rashes, lesions, ulcers
Neurological/Psychiatric	<p>Brief assessment of mental status including:</p> <ul style="list-style-type: none"> Orientation e.g. time, place and person Mood and affect e.g. depression, anxiety and agitation