

Ear, Nose and Throat

Single Organ System Exam – 1997

Page 8

CONTENT AND DOCUMENTATION REQUIREMENTS	<u>Level of Exam</u>	<u>Perform and Document</u>
	Problem Focused	One to five elements identified by a bullet.
	Expanded Problem Focused	At least six elements identified by a bullet.
	Detailed	At least twelve elements identified by a bullet.
	Comprehensive	Perform all elements identified by a bullet; document every element In every heavy box at least one element in every regular box.

SYSTEM/BODY AREA ELEMENTS OF EXAMINATION	
Constitutional	<ul style="list-style-type: none"> Measurement of any three of the following seven vital signs: 1) sitting or standing blood pressure, 2) supine blood pressure, 3) pulse rate and regularity, 4) respiration, 5) temperature, 6) height, 7) weight (may be measured and recorded by ancillary staff) General appearance of patient e.g. development, nutrition, body habitus, deformities, attention to grooming. Assessment of ability to communicate e.g. use of sign language or other communication aides and quality of voice
Head & Face	<ul style="list-style-type: none"> Inspection of head and face e.g. overall appearance, scars, lesions, and masses Palpation and/or percussion of face with notation of presence or absence of sinus tenderness Examination of salivary glands Assessment of facial strength
Eyes	<ul style="list-style-type: none"> Test ocular motility including primary gaze alignment
Ears, nose, mouth & throat	<ul style="list-style-type: none"> Otoscopic examination of external auditory canals and tympanic membranes including pneumo-otoscopy with notation of mobility of membranes Assessment of hearing with tuning fork and clinical speech reception thresholds e.g. whispered voice, finger rub External inspection of ears and nose e.g. overall appearance, scars, lesions, masses Inspection of nasal mucosa, septum and turbinates Inspection of lips, teeth and gums Examination of oropharynx: oral mucosa, hard and soft palates, tongue and posterior pharynx e.g. asymmetry, lesions, hydration of mucosal surfaces Inspection of pharyngeal walls and pyriform sinuses e.g. pooling of saliva, asymmetry, lesions Examination of mirror of larynx (use of mirror not required in children) Examination by mirror of nasopharynx including appearance of the mucosa, adenoids, posterior choanae and Eustachian tubes (use of mirror not required in children)
Neck	<ul style="list-style-type: none"> Examination of neck e.g. masses, overall appearance, symmetry, tracheal position, crepitus Examination of thyroid e.g. enlargement, tenderness, mass
Respiratory	<ul style="list-style-type: none"> Inspection of chest including symmetry, expansion and/or assessment of respiratory effort e/g intercostals retractions, use of accessory muscles, diaphragmatic movement Auscultation of lungs e.g. breath sounds, adventitious sound, rubs
Cardiovascular	<ul style="list-style-type: none"> Auscultation of heart including sounds, abnormal sounds and murmurs Examination of peripheral vascular system by observation e.g. swelling, varicosities and palpation e.g. pulse, temperature, edema, tenderness
Lymphatic	<ul style="list-style-type: none"> Palpation of lymph nodes in neck, axillae, groin and/or other locations
Neurological/Psychiatric	<ul style="list-style-type: none"> Test cranial nerves with notation of any deficits Brief assessment of mental status including: <ul style="list-style-type: none"> Orientation to time, place and person Mood and affect e.g. depression, anxiety, agitation