



## Adult Preventative Guidelines (21 & Over)

Line of Business: WV Medicare

Date of QI/UM Committee Review and Adoption: May 28<sup>th</sup>, 2026

| Changes for 2026                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                |
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| <p><b>Added: Clinical Indicators:</b> Adult Immunization Status - Added the COVID-19 indicator for adults 65 and older. This indicator is in first-year status for measurement year 2026.</p> <p><b>Removed: Reference:</b> Center for Disease Control and Prevention Recommended Adult Immunization Schedule, for Ages 19 Years and Older – replaced with AAFP guidelines.</p> <p><b>Added: Reference:</b> American Association of Family Physicians, Adult Immunization Schedule, for Ages 19 Years and Older</p> <p>This guideline does not replace the judgement or role of the clinician in the decision-making process for individual patients and is intended as an educational resource in the delivery of care.</p> |                                                                                                                                                                                                                                                |
| Clinical Indicators                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | Description of Clinical Indicators                                                                                                                                                                                                             |
| <b>1. Breast Cancer Screening</b><br>(Source: HEDIS®<br>Measurement Year (MY)<br>2026, Vol. 2, Technical<br>Specifications – BCS-E)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | The percentage of members 52-74 years of age who were recommended for routine breast cancer screening and had a mammogram to screen for breast cancer.                                                                                         |
| <b>2. Colorectal Cancer Screening</b> (Source: HEDIS®<br>Measurement Year (MY)<br>2026, Vol. 2, Technical<br>Specifications – COLE                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | The percentage of members 45-75 years of age who had appropriate screening for colorectal cancer.                                                                                                                                              |
| <b>3. Osteoporosis Management in Women Who Had a Fracture</b> (Source: HEDIS Measurement Year 2026, Vol. 2, Technical Specifications- OMW-E)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | The percentage of women 67-85 years of age who suffered a fracture and who had either a bone mineral density (BMD) test or prescription for a drug to treat osteoporosis in the six months after the fracture.                                 |
| <b>4. Adult Immunization Status</b><br>(Source: HEDIS<br>Measurement Year 2026,<br>Vol. 2, Technical<br>Specifications-AIS-E)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | The percentage of members 19 years of age and older who are up to date on recommended routine vaccines for influenza, tetanus and diphtheria (Td) or tetanus, diphtheria and acellular pertussis (Tdap), zoster, pneumococcal and hepatitis B. |

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| <b>5. Documented Assessment After Mammogram</b> (Source: HEDIS Measurement Year 2026, Vol. 2., Technical Specifications DBM-E) | The percentage of episodes of mammograms documented in the form of a BI-RADS assessment within 14 days of the mammogram for members 40-74 years of age |
| <b>Reference</b>                                                                                                               | <b>Reference Link</b>                                                                                                                                  |
| American Association of Family Physicians, Recommended Adult Immunization Schedule, for Ages 19 Years and Older (2026)         | <a href="#">AAFP Recommended Adult Immunization Schedule</a>                                                                                           |
| Wolters Kluwer, UpToDate, Overview of Preventative Care for Adults (2025)                                                      | <a href="#">UpToDate, Overview of Preventative Care for Adults</a>                                                                                     |
| U.S. Preventive Task Force Recommendations Adult Preventive Health Care Schedule (2024)                                        | <a href="#">U.S. Preventive Task Force Recommendations Adult Preventive Health Care Schedule</a>                                                       |
| Center for Disease Control, Breast Cancer Screening (2024)                                                                     | <a href="#">Center for Disease Control (CDC) Breast Cancer Screening</a>                                                                               |
| U.S. Preventive Services Task Force Final Recommendations Statement Colorectal Screening (2025)                                | <a href="#">U.S. Preventive Services Task Force Final Recommendations Statement Colorectal Screening</a>                                               |
| U.S. Preventive Services Task Force Final Recommendations Statement: Osteoporosis to Prevent Fractures (2025)                  | <a href="#">U.S. Preventive Services Task Force Final Recommendations Statement Osteoporosis to Prevent Fractures</a>                                  |

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| <b>Clinical Indicator</b>           | <b>Ages 21-39</b>                                                                                                                                         | <b>Ages 40-49</b>                                                                                                                                         | <b>Ages 50-64</b>                                                                                                                              | <b>Ages 65+</b>                                             |
|-------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------|
| Assessing Tobacco Use               | Every Visit                                                                                                                                               | Every Visit                                                                                                                                               | Every Visit                                                                                                                                    | Every Visit                                                 |
| Advising Smokers to Quit            | At least annually                                                                                                                                         | At least annually                                                                                                                                         | At least Annually                                                                                                                              | At least Annually                                           |
| Assess Drug/Alcohol Use             | Annually                                                                                                                                                  | Annually                                                                                                                                                  | Annually                                                                                                                                       | Annually                                                    |
| Depression Screening                | Annually                                                                                                                                                  | Annually                                                                                                                                                  | Annually                                                                                                                                       | Annually                                                    |
| Assess STD Risk                     | Annually                                                                                                                                                  | Annually                                                                                                                                                  | Annually                                                                                                                                       | Annually                                                    |
| Assessment of Functional Status     |                                                                                                                                                           |                                                                                                                                                           |                                                                                                                                                | Annually                                                    |
| Assessment of Fall Risk             |                                                                                                                                                           |                                                                                                                                                           | Annually if high risk                                                                                                                          | Annually                                                    |
| Pain Assessment                     |                                                                                                                                                           |                                                                                                                                                           |                                                                                                                                                | Annually                                                    |
| Medication Review                   | Every Visit                                                                                                                                               | Every Visit                                                                                                                                               | Every Visit                                                                                                                                    | Every Visit                                                 |
| Advance Care Planning               | Annually                                                                                                                                                  | Annually                                                                                                                                                  | Annually                                                                                                                                       | Annually                                                    |
| Discussion of Aspirin Prophylaxis   | High Risk                                                                                                                                                 | If high risk: Men-annually Women-post menopausal                                                                                                          | Annually if high risk                                                                                                                          | Annually if high risk                                       |
| Preventive Screening Evaluation     | Every Visit                                                                                                                                               | Every Visit                                                                                                                                               | Every Visit                                                                                                                                    | Every Visit                                                 |
| Blood Pressure                      | Every Visit                                                                                                                                               | Every Visit                                                                                                                                               | Every Visit                                                                                                                                    | Every Visit                                                 |
| Cervical Cancer Screening (PAP)     | At a minimum every three years, more frequently if in a high-risk group. When combined with HPV contesting, once every 5 years for women $\geq$ 30 years. | At a minimum every three years, more frequently if in a high-risk group. When combined with HPV contesting, once every 5 years for women $\geq$ 30 years. | At a minimum every three years, more if in a high-risk group. When combined with HPV contesting, once every 5 years for women $\geq$ 30 years. | Women: High-risk                                            |
| HPV                                 | Women: $\geq$ age 30 every 5 years, more frequently if in a high-risk group                                                                               | Women: $\geq$ age 30 every 5 years, more frequently if in a high-risk group                                                                               | Women: $\geq$ age 30 every 5 years, more frequently if in a high-risk group                                                                    | Women high-risk                                             |
| Mammogram                           |                                                                                                                                                           | Women, if high risk: May benefit from screening in their 40's                                                                                             | Women: every 2 years                                                                                                                           | Women every 2 years until the age of 75                     |
| Abdominal Aortic Aneurysm Screening |                                                                                                                                                           |                                                                                                                                                           |                                                                                                                                                | Men aged 65 to 75 who have ever smokes (One-time screening) |
| Chlamydia Screening                 | Women: annually to age 24 & with                                                                                                                          | If high-risk                                                                                                                                              | If high-risk                                                                                                                                   |                                                             |

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|-------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------|
|                                                                                                       | Pregnancy                                                                    |                                                                                            |                                                                              |                                                                                                                             |
| Discuss Prostate Cancer Screening                                                                     |                                                                              | Annually                                                                                   | Annually                                                                     | Annually                                                                                                                    |
| Colorectal Cancer screening by any of the following methods: Fecal occult blood (high sensitivity) or |                                                                              |                                                                                            | Annually                                                                     | Annually until age 75                                                                                                       |
| Fecal Immunochemical Test-DNA or                                                                      |                                                                              |                                                                                            | Every 3 years                                                                | Every 3 years until age 75                                                                                                  |
| Sigmoidoscopy or                                                                                      |                                                                              |                                                                                            | Every 5 years                                                                | Every 5 years until age 75                                                                                                  |
| Colonoscopy                                                                                           |                                                                              |                                                                                            | Every 10 years                                                               | Every 10 years until age 75                                                                                                 |
| Vision, Hearing                                                                                       | Every 5 years, Diabetics Annually                                            | Every 5 years, Diabetics Annually                                                          | Every 5 years, Diabetics Annually                                            | Every 5 years, Diabetics Annually                                                                                           |
| Lipid Profile                                                                                         | Men $\geq$ 20: every 5 years unless high-risk                                | Men: every 5 years unless high-risk<br>Women $\geq$ age 45: every 5 years unless high risk | Every 5 years unless high risk                                               | If not checked previously                                                                                                   |
| Obesity Screening (BMI)                                                                               | Every visit                                                                  | Every visit                                                                                | Every visit                                                                  | Every visit                                                                                                                 |
| Domestic Violence                                                                                     | Annually                                                                     | Annually                                                                                   | Annually                                                                     | Annually                                                                                                                    |
| Osteoporosis Screening                                                                                | BMD testing if postmenopausal woman who is at increased risk of osteoporosis | BMD testing if postmenopausal woman who is at increased risk of osteoporosis               | BMD testing if postmenopausal woman who is at increased risk of osteoporosis | At age 65, provide BMD testing if not previously tested. Evidence is lacking about optimal intervals for repeated screening |
| Hepatitis C Screening                                                                                 | At least once if high risk                                                   | At least once if high risk                                                                 | One time screening for those aged 50-64                                      | One time screening for those aged 65-70                                                                                     |
| HIV screening                                                                                         | At least once or annually if high-risk                                       | At least once or annually if high-risk                                                     | At least once or annually if high-risk                                       | At least once or annually if high-risk                                                                                      |

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|-----------------------------------------------------------------------------------------------------------------|------------------------|--------------------------------------|--------------------------------------|---------------------------------------------------|
| Bladder Control/Incontinence                                                                                    |                        |                                      |                                      | Annually                                          |
| Diabetes screening w/out prior diagnosis – HbA1C                                                                |                        | At least once or annually if at risk | At lease once or annually if at risk | At least once or annually if at risk until age 70 |
| Diabetes screening w/prior diagnosis – HbA1C, dilated retinal examination, and microalbumin/nephropathy testing | At least once annually | At least once annually               | At least once annually               | At least once annually                            |
| Wellness Visit or Physical                                                                                      | Annually               | Annually                             | Annually                             | Annually                                          |

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1 Use CAGE screening. C: "Have you ever felt you ought to Cut down on drinking?" A: "Have people Annoyed you by criticizing your drinking?" G: "Have you ever felt bad or Guilty about your drinking?" E: "Have you ever had a drink first thing in the morning to steady your nerves or get rid of a hangover (Eye opener)?"

2 Screening questions are: "Over the past month have you felt down, depressed or hopeless" and "Over the past month have you felt little interest or pleasure in doing things." 3 Aspirin prophylaxis high risk-diabetes, elevated cholesterol levels, low levels of HDL cholesterol, elevated blood pressure, family history and smoking.

4 Discontinuation of cervical cancer screening in older women is appropriate, provided women have had adequate recent screening with normal Pap results. Screening is recommended in older women who have not been previously screened, when information about previous screening is unavailable or when screening is unlikely to have been done in the past. Recommendations from various organizations differ in how often the Pap screen should be done. The general recommendation is to screen every 2-3 years after 3 years of being sexually active but not later than age 21. Women ages 30-64 may only need to be screened every 5 years if the Pap test is done in combination with HPV testing.

5 Although the United States Preventive Services Task Force found insufficient evidence to recommend for or against screening, other organizations endorsed routine screening along with Pap tests for women age 30 and older.

6 There is controversy over how often and at what age the mammograms should be done. Various agencies recommend starting annual screening at age 40 for all women, other agencies say to start at age 50. The included recommendation is based off of current United States Preventive Services Task Force guidelines. The United States Preventive Services Task Force also suggests that screening starting at age 40 may benefit high risk women.

7 United States Preventive Services Task Force

8 Chlamydia screening high risk – Prevalence is higher in the following populations: unmarried women, African American race, prior history of STD, having new or multiple sex partners, having cervical ectopy using barrier contraceptives inconsistently, and partners having multiple partners who engage in high-risk behavior.

9 The American Urological Association recommends shared decision making with men on the use of PSA for screening. Men ages 40-54 at high risk and men at average risk ages 55-69 with a life expectancy > 10 years who decide to include PSA should have routine screening every two years. PSA screening is not recommended for men ages 70+.

10 United States Preventive Services Task Force recommends against routine screening for colorectal cancer in adults 76-85. There may be considerations that support colorectal cancer screening in an individual patient.

11Lipid disorder high risk – diabetes, history of cardiovascular disease before age 50 in male relatives or age 60 in female relatives, history suggestive of familial hyperlipidemia, multiple coronary heart disease risk factors and people who have lipid levels close to those warranting treatment.

12Assess BMI and waist circumference at every visit during which weight is measured. Use 5As: Ask if patient is ready to make a change. Advise in a clear, specific and tailored manner. Assess level of obesity and co morbidities. Assist by providing necessary tools and support. Arrange contact with other providers who can provide a team approach.

13 At each visit ask: "Within the past year have you been hit, slapped, kicked or otherwise physically hurt by someone?" "Are you in a relationship with a person who physically hurts you?" "Has anyone forced you to have sexual activities that make you feel uncomfortable?"

14Men and women ages 40-70 years who have at least one risk factor should be screened at least once annually. Risk factors include a BMI > 25, history of smoking, or a prior abnormal A1C. Abnormal A1C tests should receive follow-up within 3-6 months

15Microalbumin/ nephropathy testing should occur annually if results are negative. Positive results should receive follow-up testing within 3-6 months

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## Clinical Guideline: The Diagnosis and Management of Asthma

Line of Business: WV Medicare

Date of QI/UM Committee Review and Adoption: May 28<sup>th</sup>, 2026

| Changes for 2026                                                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                    |
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| <p><b>Added: Clinical Indicator:</b> Follow-Up After Acute and Urgent Care Visits for Asthma</p> <p><b>Removed: Clinical Indicator:</b> Asthma Medication Ratio – Retired.</p> <p>This guideline does not replace the judgement or role of the clinician in the decision-making process for individual patients and is intended as an educational resource for the delivery of care</p> |                                                                                                                                                                                                                                                                    |
| Clinical Indicators                                                                                                                                                                                                                                                                                                                                                                     | Description of Clinical Indicator                                                                                                                                                                                                                                  |
| 1. <b>Follow-Up After Acute and Urgent Care Visits for Asthma</b><br>(Source: HEDIS® Measurement Year (MY) 2026, Vol. 2, Technical Specifications, AAF-E)                                                                                                                                                                                                                               | The percentage of persons 5-64 years of age with an urgent care visit, acute inpatient discharge, observation stay discharge or ED visit with a diagnosis of asthma that had a corresponding outpatient follow-up visit with a diagnosis of asthma within 30 days. |
| References                                                                                                                                                                                                                                                                                                                                                                              | Reference Links                                                                                                                                                                                                                                                    |
| National Heart Lung and Blood Institute (NHLBI), National Asthma Education and Prevention Program (NAEP) (2020)                                                                                                                                                                                                                                                                         | <a href="#">National Heart Lung and Blood Institute (NHLBI), National Asthma Education and Prevention Program (NAEP)</a>                                                                                                                                           |

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## Clinical Guideline: The Treatment of Members with Bipolar Disorder

Line of Business: WV Medicare Assured

Date of QI/UM Committee Review and Adoption: May 28<sup>th</sup>, 2026

| Changes for 2026                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
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| <p><b>No Changes.</b></p> <p>This guideline does not replace the judgement or role of the clinician in the decision-making process for individual patients and is intended as an educational resource for the delivery of care.</p> |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| Clinical Indicators                                                                                                                                                                                                                 | Description of Clinical Indicators                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| <p><b>1. Diabetes Screening for People with Schizophrenia or Bipolar Disorder Who Are Using Antipsychotic Medications</b> (Source: HEDIS<sup>®</sup> Measurement Year (MY) 2026, Vol. 2, Technical Specifications, SSD)</p>         | <p>The percentage of members 18–64 years of age with schizophrenia, schizoaffective disorder or bipolar disorder, who were dispensed an antipsychotic medication and had a diabetes screening test during the measurement year.</p>                                                                                                                                                                                                                                                                                                        |
| <p><b>2. Follow-Up After Hospitalization for Mental Illness</b> (Source: HEDIS<sup>®</sup> Measurement Year (MY) 2026, Vol. 2, Technical Specifications, FUH)</p>                                                                   | <p>The percentage of discharges for members 6 years of age and older who were hospitalized for treatment of selected mental illness or intentional self-harm diagnoses and who had a follow-up visit with a mental health practitioner. Two rates are reported:</p> <ul style="list-style-type: none"> <li>• The percentage of discharges for which the member received follow-up within 30 days after discharge.</li> <li>• The percentage of discharges for which the member received follow-up within 7 days after discharge</li> </ul> |
| References                                                                                                                                                                                                                          | Reference Link                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| Bipolar Disorder Diagnosis and Treatment, Mayo Clinic (2026)                                                                                                                                                                        | <a href="#">Bipolar Disorder Diagnosis and Treatment</a>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| American Academy of Family Physicians: Bipolar Disorder, Evaluation and Treatment (2021)                                                                                                                                            | <a href="#">AFP, Bipolar Disorder: Evaluation and Treatment</a>                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |

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**Clinical Guideline: Heart Failure, MI, CAD, IVD and Cholesterol Management**

**Line of Business: WV Medicare**

**Date of QI/UM Committee Review and Adoption: May 28<sup>th</sup>, 2026**

| Changes for 2026                                                                                                                                                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                     |
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| <p><b>Removed: Clinical Indicator:</b> Statin Therapy for Patients with Cardiovascular Disease (SPC)- retired.</p> <p>This guideline does not replace the judgement nor role of the clinician in the decision-making process for the individual patient and is intended as an educational resource for the delivery of care.</p> |                                                                                                                                                                                                                                                                                                                                     |
| Clinical Indicators                                                                                                                                                                                                                                                                                                              | Description of Clinical Indicators                                                                                                                                                                                                                                                                                                  |
| <b>1. Persistence of Beta-Blocker Treatment after a Heart Attack</b> (Source: HEDIS <sup>®</sup> Measurement Year (MY) 2026, Vol. 2, Technical Specifications – PBH)                                                                                                                                                             | The percentage of members 18 years of age and older during the measurement year who were hospitalized and discharged from July 1 of the year prior to the measurement year to June 30 of the measurement year with a diagnosis of AMI and who received persistent beta-blocker treatment for 180 days (six months) after discharge. |
| Reference                                                                                                                                                                                                                                                                                                                        | Reference Links                                                                                                                                                                                                                                                                                                                     |
| American College of Cardiology/American Heart Association, Task Force on Clinical Practice Guidelines (2019)                                                                                                                                                                                                                     | <a href="#">American College of Cardiology/American Heart Association, Task Force on Clinical Practice Guidelines</a>                                                                                                                                                                                                               |
| Journal of the American College of Cardiology, Treatment of Blood Cholesterol (2018)                                                                                                                                                                                                                                             | <a href="#">Journal of the American College of Cardiology, Treatment of Blood Cholesterol</a>                                                                                                                                                                                                                                       |

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| AHA Guideline on the Management of Blood Cholesterol: Executive Summary: A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines (2018) | <a href="#"><u>AHA Guideline on the Management of Blood Cholesterol: Executive Summary</u></a>             |
| Guideline for the Management of Heart Failure (2022)                                                                                                                                                 | <a href="#"><u>Guideline for the Management of Heart Failure</u></a>                                       |
| Addressing Social Determinants of Health in the Care of Patients with Heart Failure: A Scientific Statement From the American Heart Association (2020)                                               | <a href="#"><u>Addressing Social Determinants of Health in the Care of Patients with Heart Failure</u></a> |
| Guideline for the Evaluation and Diagnosis of Chest Pain (2021)                                                                                                                                      | <a href="#"><u>Guideline for the Evaluation and Diagnosis of Chest Pain</u></a>                            |

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## Clinical Guideline: The Management of Chronic Obstructive Pulmonary Disease

Line of Business: WV Medicare

Date of QI/UM Committee Review and Adoption: May 28<sup>th</sup>, 2026

| Changes for 2026                                                                                                                                                                                            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
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| <p><b>No changes.</b></p> <p>This guideline does not replace the judgement or role of the clinician in the decision-making process and is intended as an educational resource for the delivery of care.</p> |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| Clinical Indicators                                                                                                                                                                                         | Description of Clinical Indicators                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| <p><b>1. Pharmacotherapy Management of COPD Exacerbation</b> (Source: HEDIS® Measurement Year (MY) 2026 Vol. 2, Technical Specifications- PCE)</p>                                                          | <p>Percentage of COPD exacerbations for members 40 years and older who had an acute inpatient discharge or ED visit (any claims for COPD) between January 1-November 30 of the measurement year and who were dispensed appropriate medications. Two rates are reported:</p> <ul style="list-style-type: none"> <li>• Dispensed a systemic corticosteroid (or there was evidence of an active prescription) within 14 days of the event</li> <li>• Dispensed a bronchodilator (or there was evidence of an active prescription) within 30 days of the event Note: The eligible population for this measure is based on acute inpatient discharges and ED visits, not on members. It is possible for the denominator to include multiple events for the same individual</li> </ul> |
| References                                                                                                                                                                                                  | Reference Links                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| Global Initiative for Chronic Obstructive Lung Disease – Gold (2026)                                                                                                                                        | <a href="#">Global Initiative for Chronic Obstructive Lung Disease</a>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| Pharmacologic Management of COPD Exacerbations: A Clinical Practice Guideline from the AAFP (2021)                                                                                                          | <a href="#">AAFP COPD: Clinical Guidance and Practice Resources</a>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |

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## Clinical Guideline: The Management of Depression in Adults in Primary Care

Line of Business: WV Medicare

Date of QI/UM Committee Review and Adoption: May 28<sup>th</sup>, 2026

| Changes for 2026                                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
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| <p><b>Updated: Clinical Indicator:</b> Added the PROMIS Emotional Distress—Depression—Short Form instrument to the list of depression screening instruments for adults 18+ years of age.</p> <p>This guideline does not replace the judgement or role of the clinician in the decision-making process for the individual patient and is intended as an educational resource in the delivery of care.</p> |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| Clinical Indicators                                                                                                                                                                                                                                                                                                                                                                                      | Description of Clinical Indicators                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| <p><b>1. Depression Screening and Follow-Up for Adolescents and Adults</b> (Source: HEDIS Measurement Year (MY) 2026 Vol 2., Technical Specifications)</p>                                                                                                                                                                                                                                               | <p>The percentage of members 12 years of age and older who were screened for clinical depression using a standardized instrument and, if screened positive, received follow up care.</p> <ul style="list-style-type: none"> <li>Depression Screening. The percentage of members who were screened for clinical depression using a standardized instrument.</li> <li>Follow-Up on Positive Screen. The percentage of members who received follow-up care within 30 days of a positive depression screen finding.</li> </ul> |
| References                                                                                                                                                                                                                                                                                                                                                                                               | Reference Links                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| American Psychiatric Association Using the APA Clinical Practice Guideline for the Treatment of Depression in Adults (2021)                                                                                                                                                                                                                                                                              | <a href="#">American Psychiatric Association Clinical Practice Guideline for the Treatment of Depression, Decision Making Within Evidence Based Practice in Psychology</a>                                                                                                                                                                                                                                                                                                                                                 |
| American Psychological Association Psychotherapy and Pharmacotherapy for Treating Depression (2019)                                                                                                                                                                                                                                                                                                      | <a href="#">American Psychological Association Psychotherapy and Pharmacotherapy for Treating Depression</a>                                                                                                                                                                                                                                                                                                                                                                                                               |

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## Clinical Guideline: The Management of Diabetes

Line of Business: WV Medicare

Date of QI/UM Committee Review and Adoption: May 28<sup>th</sup>, 2026

| Changes for 2026                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
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| <p><b>No changes.</b></p> <p>This guideline does not replace the judgement or role of the clinician in the decision-making process and is intended as an educational resource in the delivery of care.</p> |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| Clinical Indicators                                                                                                                                                                                        | Description of Clinical Indicators                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| <b>1. Glycemic Status Assessment for Patients with Diabetes</b> (Source: HEDIS® Measurement Year (MY) 2026, Vol. 2, Technical Specifications, GSD)                                                         | <p>The percentage of members 18–75 years of age with diabetes (types 1 and 2) whose most recent glycemic status (hemoglobin A1c [HbA1c] or glucose management indicator [GMI]) was at the following levels during the measurement year:</p> <ul style="list-style-type: none"> <li>Glycemic Status &lt;8.0%.</li> <li>Glycemic Status &gt;9.0%.</li> </ul> <p><b>Note:</b> Organizations must use the same data collection method (Administrative or Hybrid) to report these indicators</p> |
| <b>2. Eye Exam for Patients with Diabetes</b> (Source: HEDIS® Measurement Year (MY) 2026, Vol. 2, Technical Specifications, EED)                                                                           | <p>The percentage of members 18–75 years of age with diabetes (type 1 and type 2) who had a retinal eye exam performed.</p>                                                                                                                                                                                                                                                                                                                                                                 |
| <b>3. Blood Pressure Control for Patients with Diabetes</b> (Source: HEDIS® Measurement Year (MY) 2026, Vol. 2, Technical Specifications, BPD)                                                             | <p>The percentage of members 18–75 years of age with diabetes (types 1 and 2) whose blood pressure (BP) was adequately controlled (&lt;140/90 mm Hg) during the measurement year.</p>                                                                                                                                                                                                                                                                                                       |
| <b>4. Statin Therapy for Patients with Diabetes</b> (Source: HEDIS® Measurement Year (MY) 2026, Vol. 2, Technical Specifications, SPD)                                                                     | <p>The percentage of members 40–75 years of age during the measurement year with diabetes who do not have clinical atherosclerotic cardiovascular disease (ASCVD) who met the following criteria. Two rates are reported:</p>                                                                                                                                                                                                                                                               |

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|                                                                                                                                                                                                                                          | <ol style="list-style-type: none"> <li>1. Received Statin Therapy. Members who were dispensed at least one statin medication of any intensity during the measurement year</li> <li>2. Statin Adherence 80%. Members who remained on a statin medication of any intensity for at least 80% of the treatment period</li> </ol> |
| <b>5. Kidney Health Evaluation for Patients with Diabetes</b><br>(Source: HEDIS Measurement Year 2026, Technical Specifications, Vol. 2., KED)<br><br>*This measure was developed by NCQA with input from the National Kidney Foundation | The percentage of members 18–85 years of age with diabetes (type 1 and type 2) who received a kidney health evaluation defined by and estimated glomerular filtration rate (eGFR) <b>and</b> a urine albumin-creatinine ratio (uACR), during the measurement year.                                                           |
| <b>References</b>                                                                                                                                                                                                                        | <b>Reference Link</b>                                                                                                                                                                                                                                                                                                        |
| American Diabetes Association, Standards of Medical Care (2023)                                                                                                                                                                          | <a href="#">American Diabetes Association, Standards of Medical Care</a>                                                                                                                                                                                                                                                     |
| American Optometric Association, Eye Care of the Patient with Diabetes Mellitus (2019)                                                                                                                                                   | <a href="#">American Optometric Association, Eye Care of the Patient with Diabetes Mellitus</a>                                                                                                                                                                                                                              |
| AHA Comprehensive Management of Cardiovascular Risk Factors for Adults with Type 2 Diabetes: A Scientific Statement from the American Heart Association (2022)                                                                           | <a href="#">AHA Comprehensive Management of Cardiovascular Risk Factors for Adults with Type 2 Diabetes</a>                                                                                                                                                                                                                  |
| Mayo Clinic Proceedings: Innovations, Quality, and Outcomes. Fulfillment and Validity of the Kidney Health Evaluation Measure for People with Diabetes. (2023)                                                                           | <a href="#">Fulfillment and Validity of the Kidney Health Evaluation Measure for People with Diabetes</a>                                                                                                                                                                                                                    |

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## Clinical Guideline: Healthy Weight Management

Line of Business: WV Medicare

Date of QI/UM Committee Review and Adoption: May 28<sup>th</sup>, 2026

| Changes for 2026                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                            |
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| <p><b>Updated: References:</b> American Association of Clinical Endocrinologists and American College of Endocrinology (AACE/ACE) Clinical Practice Guidelines for Comprehensive Medical Care of Patients with Obesity – updated for 2025.</p> <p><b>Updated: References:</b> USDA Dietary Guidelines updated for 2025-2030</p> <p>This guideline does not replace the judgement or role of the clinician in the decision-making process for individual patients and is intended as an educational resource for the delivery of care.</p> |                                                                                                                                                                                                                                                                                                            |
| Clinical Indicators                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | Description of the Clinical Indicators                                                                                                                                                                                                                                                                     |
| <p>1. Obesity Rates for adults in West Virginia</p> <ul style="list-style-type: none"> <li>White: 41.5%</li> <li>Black/African American: 42.4%</li> <li>Multiracial: 36.3%</li> </ul> <p>*Asian/Pacific Islander and Hispanic/Latino demographic data unreported</p>                                                                                                                                                                                                                                                                      | <p>41.2% of West Virginian adults have a BMI of 30.00 or higher</p> <ul style="list-style-type: none"> <li>A BMI between 25-29.9 is considered overweight, A BMI of 30 or higher is considered obese.</li> <li>Data is based on the United Health Foundation American Health Rankings</li> <li></li> </ul> |
| <p>2. Reduce the proportion of adults with obesity</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | <p>Healthy People 2030 Objective:<br/>Target 36.0%</p> <p><b>Numerator</b><br/>Number of adults aged 20 years and over with a body mass index (BMI) equal to or greater than 30.0</p> <p><b>Denominator</b><br/>Number of adults aged 20 years and over</p>                                                |
| References                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | Reference Link                                                                                                                                                                                                                                                                                             |
| Centers for Disease Control and Prevention (CDC) –                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | <a href="#">Centers for Disease Control and Prevention (CDC)</a>                                                                                                                                                                                                                                           |

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| Overweight and Obesity (2023)                                                |                                                                                       |
| Health People 2030 Reduce the Portion of Adults with Obesity (2025)          | <a href="#">Healthy People 2030: Reduce the Portion of Adults with Obesity</a>        |
| Evidence Analysis Library Adult Weight Management Guideline 2020-2021 (2021) | <a href="#">Evidence Analysis Library Adult Weight Management Guideline 2020-2021</a> |
| 2020-2025 USDA Dietary Guidelines for Americans (2020)                       | <a href="#">2020-2025 USDA Dietary Guidelines for Americans</a>                       |
| NIH Overweight and Obesity Treatment (2022)                                  | <a href="#">NIH Overweight and Obesity Treatment.</a>                                 |

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## Clinical Guideline: Anti-retroviral Agents in HIV-1 Infected Adults and Adolescents

Line of Business: WV Medicare

Date of QI/UM Committee Review and Adoption: May 28<sup>th</sup>, 2026

| Changes for 2026                                                                                                                                                                                                               |                                                                                                                                                                   |
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| <b>No changes.</b><br><br>This guideline does not replace the judgement or role of the clinician in the decision-making process for the individual patient and is intended as an educational resource in the delivery of care. |                                                                                                                                                                   |
| Clinical Indicators                                                                                                                                                                                                            | Description of Clinical Indicators                                                                                                                                |
| 1. Outpatient visit in the past 12 months                                                                                                                                                                                      | Number of HIV+ individuals with at least one outpatient visit in the past 12 months.                                                                              |
| 2. HIV Viral Load Test during the Measurement Year – Health Resources and Services Administration (HRSA)                                                                                                                       | Percentage of enrollees age 18 and older with a diagnosis of Human Immunodeficiency Virus (HIV) who had a HIV viral load test during the measurement year (HRSA). |
| 3. Possession ratio of HIV medication                                                                                                                                                                                          | Percentage of individuals with pharmacy claims for HIV medications in the past 12 months with an 80% medication possession ratio                                  |
| References                                                                                                                                                                                                                     | Reference Link                                                                                                                                                    |
| Department of Health and Human Services (DHHS) Panel, Anti-retroviral Guidelines for Adults and Adolescents, A Working Group of the Office of AIDS Research Advisory Council (OARAC) (2022)                                    | <a href="#">Guidelines for the Use of Antiretroviral Agents in Adults and Adolescents with HIV</a>                                                                |
| Department of Health and Human Services (DHHS), Anti-Retroviral Guidelines for Adults and Adolescents, What's New in the Guidelines (2024)                                                                                     | <a href="#">DHHS, Antiretroviral Guidelines for Adults and Adolescents: What's New in the Guidelines</a>                                                          |

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| NIH-Recommendations for the Use of Antiretroviral Drugs During Pregnancy and Interventions to Reduce Perinatal HIV Transmission in the United States (2024) | <a href="#">Updated HHS Perinatal Antiretroviral Treatment Guidelines</a> |
| Clinical Info HIV (2023)                                                                                                                                    | <a href="#">Clinical Info HIV</a>                                         |

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## Clinical Guideline: Prevention, Detection, Evaluation, and Treatment of High Blood Pressure

Line of Business: WV Medicare

Date of QI/UM Committee Review and Adoption: May 28<sup>th</sup>, 2026

| Changes for 2026                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                |
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| <p><b>Updated: References:</b> Journal of the American College of Cardiology, Guideline for the Prevention, Detection, Evaluation, and Management of High Blood Pressure in Adult: Updated for 2025.</p> <p>This guideline does not replace the judgement or role of the clinician in the decision-making process for the individual patient and is intended as an educational resource in the delivery of care.</p> |                                                                                                                                                                                                                                |
| Clinical Indicators                                                                                                                                                                                                                                                                                                                                                                                                  | Description of Clinical Indicators                                                                                                                                                                                             |
| <b>1. Controlling High Blood Pressure</b> (Source: HEDIS Measurement Year (MY) 2026, Vol. 2, Technical Specifications) ( <i>CBP</i> )                                                                                                                                                                                                                                                                                | Percentage of members 18-85 years of age who had a diagnosis of hypertension (HTN) and whose BP was adequately controlled (BP was <140/90 mm HG) during the measurement year.                                                  |
| <b>2. Blood Pressure Control for Patients with Hypertension</b> (Source: HEDIS Measurement Year (MY) 2026, Vol. 2., Technical Specifications) ( <i>BPC-E</i> )                                                                                                                                                                                                                                                       | The percentage of members 18-85 years of age who had a diagnosis of hypertension and whose most recent BP was <140/90 mm Hg during the measurement period.                                                                     |
| References                                                                                                                                                                                                                                                                                                                                                                                                           | Reference Link                                                                                                                                                                                                                 |
| Journal of the American College of Cardiology, Guideline for the Prevention, Detection, Evaluation, and Management of High Blood Pressure in Adults (2017)                                                                                                                                                                                                                                                           | <a href="#">Guideline for the Prevention, Detection, Evaluation, and Management of High Blood Pressure in Adults</a>                                                                                                           |
| American College of Cardiology/American Heart Association, Guideline on the Primary Prevention of Cardiovascular Disease: Executive Summary (2019)                                                                                                                                                                                                                                                                   | <a href="#">ACC/AHA Guideline on the Primary Prevention of Cardiovascular Disease: Executive Summary: A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines</a> |
| Eighth Joint National Committee (JNC 8),                                                                                                                                                                                                                                                                                                                                                                             | <a href="#">Management of High Blood Pressure in Adults</a>                                                                                                                                                                    |

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| Management of High Blood Pressure in Adults (2024) |  |
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## Clinical Guideline: Prescribing Opioids for Chronic Pain

Line of Business: WV Medicare

Date of QI/UM Committee Review and Adoption: May 28<sup>th</sup>, 2026

| Changes for 2026                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
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| <p><b>No changes.</b></p> <p>This guideline does not replace the judgement or role of the clinician in the decision-making process for the individual patient and is intended as an educational resource for the delivery of care.</p>                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| Clinical Indicators                                                                                                                                                                                                                                                                | Description of Clinical Indicators                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| <p><b>1. Use of Opioid at High Dosage</b> (Source: HEDIS Measurement Year (MY) 2026, Vol. 2, Technical Specification- <i>HDO</i>)</p>                                                                                                                                              | <p>The percentage of members 18 years and older who received prescribed opioids at a high dosage (average morphine milligram equivalent dose [MME] <math>\geq 90</math>) for <math>\geq 15</math> days during the measurement year.</p> <p><i>Note: A lower rate indicates a better performance.</i></p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| <p><b>2. Use of Opioids from Multiple Providers</b> (Source: HEDIS Measurement Year (MY) 2026, Vol. 2, Technical Specifications- <i>UOP</i>)*</p> <p>*Adapted with financial support from CMS and with permission from the measure developer, Pharmacy Quality Alliance (PQA).</p> | <p>The percentage of members 18 years and older, receiving prescription opioids for <math>\geq 15</math> days during the measurement year, who received opioids from multiple providers. Three rates are reported.</p> <ol style="list-style-type: none"> <li><b>Multiple prescribers</b> defined as the percentage of members receiving prescriptions for opioids from four of more different prescribers during the measurement year</li> <li><b>Multiple pharmacies</b> defined as the percentage of members receiving prescriptions for opioids from four or more different pharmacies during the measurement year.</li> <li><b>Multiple prescribers and multiple pharmacies</b> defined as percentage of members receiving prescriptions for opioids from 4 or more different prescribers <b>and</b> 4 or more different pharmacies during the measurement year (i.e. the proportion of member who are numerator</li> </ol> |

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|                                                                                                                                                                                                                                                                                                                                 | <p>compliant for both the Multiple Prescribers and Multiple Pharmacies rates).</p> <p><i>Note: A lower rate indicated a better performance for all three rates.</i></p>                                                                                                                                                                                                                                                                                                                          |
| <p><b>3. Risk of Continued Opioid Use</b> (Source: HEDIS Measurement Year (MY) 2026, Vol. 2, Technical Specifications-COU)*<br/> <i>*Adapted with financial support from the Centers for Medicare &amp; Medicaid Services (CMS) and with permission from the measure developer, Minnesota Department of Human Services.</i></p> | <p>The percentage of members 18 years of age and older who have a new episode of opioid use that puts them at risk for continued opioid use. Two rates are reported:</p> <ol style="list-style-type: none"> <li>1. The percentage of members with at least 15 days of prescription opioids in a 30-day period.</li> <li>2. The percentage of members with at least 31 days of prescription opioids in a 62-day period.</li> </ol> <p><i>Note: A lower rate indicates better performance.</i></p> |
| <b>References</b>                                                                                                                                                                                                                                                                                                               | <b>Reference Link</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| CDC Guideline for Prescribing Opioid for Chronic Pain (2022)                                                                                                                                                                                                                                                                    | <a href="#">Clinical Practice Guideline for Prescribing Opioid for Chronic Pain</a>                                                                                                                                                                                                                                                                                                                                                                                                              |
| FDA Identifies Harm Reported from Sudden Discontinuation of Opioid Pain Medicines (2019)                                                                                                                                                                                                                                        | <a href="#">FDA Identifies Harm Reported from Sudden Discontinuation of Opioid Pain Medicines</a>                                                                                                                                                                                                                                                                                                                                                                                                |
| NEJM: No Shortcuts to Safer Opioid Prescribing (2019)                                                                                                                                                                                                                                                                           | <a href="#">NEJM: No Shortcuts to Safer Opioid Prescribing</a>                                                                                                                                                                                                                                                                                                                                                                                                                                   |

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**Clinical Guideline: Palliative Care**

**Line of Business: WV Medicare**

**Date of QI/UM Committee Review and Adoption: May 28<sup>th</sup>, 2026**

| <b>Changes for 2026</b>                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
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| <p><b>No changes.</b></p> <p>This guideline does not replace the judgement or the role of the clinician in the decision-making process for the individual patient and is intended as an educational resource for the delivery of care.</p> |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| <b>Clinical Indicators</b>                                                                                                                                                                                                                 | <b>Description of Clinical Indicators</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| 1. Care for Older Adults- Medication review (Source: HEDIS Measurement Year (MY) 2025, Vol. 2. Technical Specifications- COA)                                                                                                              | <p>Either of the following meets criteria:</p> <ul style="list-style-type: none"> <li>Both of the following during the same visit during the measurement year where the provider type is a prescribing practitioner or clinical pharmacist. Do not include codes with a modifier.</li> <li>At least one medication review</li> <li>The presence of a medication list in the medical record</li> <li>Transitional care management services during the measurement year</li> </ul> <p>Do not include services provided in an acute inpatient setting.</p> |
| 2. Care for Older Adults- Functional Status Assessment (Source: HEDIS Measurement Year (MY) 2025, Vol. 2, Technical Specifications – COA)                                                                                                  | <p>The percentage of adults 66 years and older who had each of the following during the measurement year:</p> <p>At least one functional status assessment during the measurement year, as documented through either administrative data or medical record review</p>                                                                                                                                                                                                                                                                                   |
| <b>References</b>                                                                                                                                                                                                                          | <b>Reference Link</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| National Coalition for Hospice and Palliative Care (NCHP), National Consensus Project (NCP) Clinical Practice Guidelines for Quality Palliative Care (2018)                                                                                | <a href="#">National Coalition for Hospice and Palliative Care (NCHP), National Consensus Project (NCP) Clinical Practice Guidelines for Quality Palliative Care</a>                                                                                                                                                                                                                                                                                                                                                                                    |

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| Wolters Kluwer, Up-To-Date:<br>What's New in Palliative Care<br>(2025) | <a href="#">What's New in Palliative Care</a> |
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## Clinical Guideline: Routine and High Risk Prenatal and Postpartum Care

Line of Business: WV Medicare

Date of QI/UM Committee Review and Adoption: May 28<sup>th</sup>, 2026

| Changes for 2026                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
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| <p><b>Updated: Clinical Indicator:</b> Prenatal Depression Screening and Follow-Up - Added the PROMIS Emotional Distress instrument to the depression screening instruments for adults.</p> <p><b>Updated: Clinical Indicator:</b> Postpartum Depression Screening and Follow-Up - Added the PROMIS Emotional Distress instrument to the depression screening instruments for adults.</p> <p>This guideline does not replace the judgement or role of the clinician in the decision-making process for the individual patient and is intended as an educational resource for the delivery of care.</p> |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| Clinical Indicators                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | Description of the Indicator                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| <b>1. Timeliness of Prenatal Care</b> (Source: HEDIS Measurement Year (MY) 2026, Vol. 2, Technical Specifications – PPC)                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | <p>The percentage of deliveries of live births on or between October 8 of the year prior to the measurement year and October 7 of the measurement year. For these women, the measure assesses the following facets of prenatal and postpartum care:</p> <p><u>Timeliness of Prenatal Care:</u> The percentage of deliveries that received a prenatal care visit in the first trimester, on or before the enrollment start date or within 42 days of enrollment in the organization.</p> |
| <b>2. Postpartum Care</b> (Source: HEDIS Measurement Year (MY) 2026, Vol. 2, Technical Specifications – PPC)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | <p>The percentage of deliveries of live births on or between October 8 of the year prior to the measurement year and October 7 of the measurement year. For these women, the measure assesses the following facets of prenatal and postpartum care:</p>                                                                                                                                                                                                                                 |

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|                                                                                                                                              | <b>Postpartum Care:</b> The percentage of deliveries that had a postpartum visit on or between 7 and 84 days after delivery.                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| <b>3. Prenatal Immunization Status</b> (Source: HEDIS Measurement Year (MY) 2026, Vol. 2, Technical Specifications – PRS-E)                  | The percentage of deliveries in the Measurement Period in which women had received influenza and tetanus, diphtheria toxoids and acellular pertussis (Tdap) vaccinations.                                                                                                                                                                                                                                                                                                                                                                                                                      |
| <b>4. Prenatal Depression Screening and Follow-Up</b> (Source: HEDIS Measurement Year (MY) 2026, Vol. 2, Technical Specifications - PND-E)   | <p>The percentage of deliveries in which members were screened for clinical depression while pregnant and if screened positive, received follow-up care.</p> <ol style="list-style-type: none"> <li>1. <i>Depression Screening:</i> The percentage of deliveries in which members were screened for clinical depression during pregnancy using a standardized instrument.</li> <li>2. <i>Follow-Up on Positive Screen:</i> The percentage of deliveries in which members received follow-up care within 30 days of a positive depression screen finding.</li> </ol>                            |
| <b>5. Postpartum Depression Screening and Follow-Up</b> (Source: HEDIS Measurement Year (MY) 2026, Vol. 2, Technical Specifications – PDS-E) | <p>The percentage of deliveries in which members were screened for clinical depression during the postpartum period, and if screened positive, received follow-up care.</p> <ol style="list-style-type: none"> <li>1. <i>Depression Screening:</i> The percentage of deliveries in which members were screened for clinical depression using a standardized instrument during the postpartum period.</li> <li>2. <i>Follow-Up on Positive Screen:</i> The percentage of deliveries in which members received follow-up care within 30 days of a positive depression screen finding.</li> </ol> |
| <b>References</b>                                                                                                                            | <b>Reference Link</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| American College of Obstetricians and Gynecologists Perinatal Mental Health: Patient Screening (2025)                                        | <a href="#">American College of Obstetricians and Gynecologists</a>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| Centers for Disease Control, Advisory Committee on Immunization Practices Recommended Immunization Schedule for                              | <a href="#">CDC Advisory Committee on Immunization Practices Recommended Immunization Schedule for Adults Aged 19 Years or Older</a>                                                                                                                                                                                                                                                                                                                                                                                                                                                           |

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| Adults Aged 19 Years or Older – United States (2025)                                                               |                                                                                                                                     |
| Clinical Guidance for the Integration of the Finding of the Chronic Hypertension and Pregnancy (CHAP) Study (2022) | <a href="#"><u>Clinical Guidance for the Integration of the Findings of the Chronic Hypertension and Pregnancy (CHAP) Study</u></a> |
| American College of Allergy, Pregnancy and Asthma (2023)                                                           | <a href="#"><u>American College of Allergy, Pregnancy and Asthma</u></a>                                                            |
| U.S. Preventative Task Force, Final Recommendations Statement, Depression and Suicide Risk in Adults (2023)        | <a href="#"><u>U.S. Preventative Task Force, Final Recommendations Statement, Depressions and Suicide Risk in Adults</u></a>        |

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## Clinical Guideline: The Treatment of Patients with Schizophrenia

Line of Business: WV Medicare

Date of QI/UM Committee Review and Adoption: May 28<sup>th</sup>, 2026

| Changes for 2026                                                                                                                                                                                                                       |                                                                                                                                                                                                                              |
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| <p><b>No changes.</b></p> <p>This guideline does not replace the judgement or role of the clinician in the decision-making process for the individual patient and is intended as an educational resource for the delivery of care.</p> |                                                                                                                                                                                                                              |
| Clinical Indicators                                                                                                                                                                                                                    | Description of Clinical Indicators                                                                                                                                                                                           |
| <b>1. Diabetes Screening for People with Schizophrenia or bipolar disorder who are using Antipsychotic Medications</b> (Source: HEDIS Measurement Year (MY) 2026, Vol. 2, Technical Specifications, SSD)                               | The percentage of members 18-64 years of age with schizophrenia, schizoaffective disorder or bipolar disorder, who were dispensed an antipsychotic medication and had a diabetes screening test during the measurement year. |
| <b>2. Cardiovascular Monitoring for People with Cardiovascular Disease and Schizophrenia</b> (Source: HEDIS Measurement Year (MY) 2026, Vol. 2, Technical Specifications, SMC)                                                         | The percentage of members 18-64 years of age with schizophrenia or schizoaffective disorder and cardiovascular disease, who had an LDL-C test during the measurement year.                                                   |
| <b>3. Diabetes Monitoring for People with Diabetes and Schizophrenia</b> (Source: HEDIS Measurement Year (MY) 2026, Vol. 2, Technical Specifications, SMD)                                                                             | The percentage of members 18-64 years of age with schizophrenia or schizoaffective disorder and diabetes who had both an LDL-C test and an HbA1c test during the measurement year.                                           |

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| <b>4. Adherence to Antipsychotic Medications for Individuals with Schizophrenia</b> (Source: HEDIS Measurement Year (MY) 2026, Vol. 2, Technical Specifications, SAA)<br><br>*Adapted by NCQA with permission of the measure developer, CMS | The percentage of members 18 years of age and older during the measurement year with schizophrenia or schizoaffective disorder who were dispensed and remained on an antipsychotic medication for at least 80% of their treatment period. |
| <b>References</b>                                                                                                                                                                                                                           | <b>Reference Link</b>                                                                                                                                                                                                                     |
| American Psychiatric Association (APA) Clinical Practice Guidelines for Treatment of Patients with Schizophrenia (2020)                                                                                                                     | <a href="#">American Psychiatric Association (APA) Clinical Practice Guidelines for Treatment of Patients with Schizophrenia</a>                                                                                                          |
| VA/DOD Management of First Episode Psychosis and Schizophrenia (2023)                                                                                                                                                                       | <a href="#">Management of First Episode Psychosis and Schizophrenia</a>                                                                                                                                                                   |

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## Clinical Guideline: The Treatment of Patients with Substance Use Disorders

Line of Business: WV Medicare

Date of QI/UM Committee Review and Adoption: May 28<sup>th</sup>, 2026

| Changes for 2026                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                               |
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| <p><b>No changes.</b></p> <p>This guideline does not replace the judgement or role of the clinician in the decision-making process for the individual patient and is intended as an educational resource for the delivery of care.</p> |                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| Clinical Indicators                                                                                                                                                                                                                    | Description of Clinical Indicators                                                                                                                                                                                                                                                                                                                                                                                                            |
| <b>1. Initiation and Engagement of Alcohol and Other Drug Abuse or Dependence (AOD) Treatment</b> (Source: HEDIS Measurement Year (MY) 2026 Vol. 2, Technical Specifications, IET)                                                     | <p>The percentage of new substance use disorder (SUD) episodes that result in treatment initiation and engagement. Two rates are reported:</p> <ol style="list-style-type: none"><li>1. <i>Initiation of SUD Treatment.</i> The percentage of new SUD episodes that result in treatment initiation through an inpatient SUD admission, outpatient visit, intensive outpatient encounter, partial hospitalization, telehealth visits</li></ol> |

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|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | <p>or medication treatment within 14 days.</p> <p>2. <i>Engagement of SUD Treatment.</i> The percentage of new SUD episodes that have evidence of treatment engagement within 34 days of initiation.</p>                                                                                                                                                                                                                                                                                                                                                     |
| <p><b>2. Follow-Up After Emergency Department Visit for Substance Use</b> (Source: HEDIS Measurement Year (MY) 2026, Vol. 2, Technical Specifications, FUA)</p> <p>*Adapted from an NCQA measure with financial support from the Office of the Assistant Secretary for Planning and Evaluation (ASPE) under Prime Contract No. HHSP23320100019WI/HHSP23337001T, in which NCQA was a subcontractor to Mathematica. Additional financial support was provided by the Substance Abuse and Mental Health Services Administration (SAMHSA).</p> | <p>The percentage of emergency department (ED) visits for members 13 years of age and older with a principal diagnosis of substance use disorder (SUD), or any diagnosis of drug overdose, for which there was follow-up. Two rates are reported:</p> <ol style="list-style-type: none"> <li>1. The percentage of ED visits for which the member received follow-up within 30 days of the ED visit (31 total days).</li> <li>2. The percentage of ED visits for which the member received follow-up within 7 days of the ED visit (8 total days).</li> </ol> |
| <b>References</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | <b>Reference Link</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| VA/DoD Clinical Practice Guidelines, Management of Substance Use Disorder (2021)                                                                                                                                                                                                                                                                                                                                                                                                                                                           | <a href="#">Management of Substance Use Disorder</a>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| APA Practice Guideline for the Pharmacological Treatment of Patients with Alcohol Use Disorder (2018)                                                                                                                                                                                                                                                                                                                                                                                                                                      | <a href="#">APA Practice Guideline for the Pharmacological Treatment of Patients with Alcohol Use Disorder</a>                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| National Institute on Drug Abuse (NIDA) Principles of Drug Addiction Treatment (2023)                                                                                                                                                                                                                                                                                                                                                                                                                                                      | <a href="#">National Institute on Drug Abuse (NIDA) Principles of Drug Addiction Treatment</a>                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| American Medical Association Care for Substance Use Disorder (2024)                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | <a href="#">American Medical Association Care for Substance Use Disorder</a>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Dartmouth-Hitchcock Knowledge Map, Unhealthy Alcohol and Drug Use – Adult Primary Care (2017)                                                                                                                                                                                                                                                                                                                                                                                                                                              | <a href="#">Dartmouth-Hitchcock Knowledge Map, Unhealthy Alcohol and Drug Use – Adult Primary Care</a>                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| American Society of Addiction Medicine (ASAM) National Practice Guideline for the Treatment of Opioid Use Disorder (2020)                                                                                                                                                                                                                                                                                                                                                                                                                  | <a href="#">American Society of Addiction Medicine (ASAM) National Practice Guideline for the Treatment of Opioid Use Disorder</a>                                                                                                                                                                                                                                                                                                                                                                                                                           |

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