

According to Bright Futures Periodicity Schedule, adolescents should be assessed for tobacco, alcohol, or drug use starting at age 11 using validated screening tools to determine if clinical evaluation is necessary.

Highmark Health Options does not endorse or require any specific screening tool for screening purposes. This list is not all-inclusive, and other validated screening tools may be available. Each practice is encouraged to utilize a screening tool that is best suited for their individual situation.

| Physical Exam<br>at Age |
|-------------------------|
| 11 years                |
| 12 years                |
| 13 years                |
| 14 years                |
| 15 years                |
| 16 years                |
| 17 years                |
| 18 years                |
| 19 years                |
| 20 years                |

| Validated Screening Tool                                            | Age for Use    | Description                                                                                                                                                                                                                                       | Administration Time   | Website                                                    |
|---------------------------------------------------------------------|----------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------|------------------------------------------------------------|
| <b>Car, Relax, Alone, Forget, Friends, Trouble (CRAFT)</b>          | Under 21       | CRAFT is a no-cost screening tool for substance use to use with adolescents.                                                                                                                                                                      | <b>5 – 10 minutes</b> | <a href="http://craft.org">craft.org</a>                   |
| <b>Brief Screener for Alcohol, Tobacco, and other Drugs (BSTAD)</b> | 12 to 17 years | The BSTAD asks adolescents about frequency of substance use in the past year and assess adolescent substance use and categorize risk level: no use, lower risk, or higher risk.<br><br>Can be administered by the provider or self- administered. | <b>2 Minutes</b>      | <a href="http://nida.nih.gov/bstad">nida.nih.gov/bstad</a> |
| <b>Screening to Brief Intervention (S2BI)</b>                       | 12 to 17 years | The S2BI is a no-cost tool to assess adolescent substance use and categorize risk level: no use, lower risk, or higher risk.<br><br>Can be administered by the provider or self- administered.                                                    | <b>2 Minutes</b>      | <a href="http://nida.nih.gov/s2bi">nida.nih.gov/s2bi</a>   |