

Based on the Bright Futures Periodicity Schedule, several structured screenings are recommended throughout a child's life to screen for issues like maternal depression, developmental delays, autism, and depression. These structured screenings require the use of validated screening tools to assess for clinical indication that the child may need further clinical evaluation.

Highmark Health Options does not endorse or require any specific screening tool for screening purposes. This list is not all-inclusive, and other validated screening tools may be available. Each practice is encouraged to utilize a screening tool that is best suited for their individual situation.

Validated Screening Tool	Age for Use	Description	Administration Time	Website
Early Childhood Screening Assessment (ECSA)	18-60 months	ECSA is a screener for emotional or behavioral problems in young children with additional items assessing parent emotional functioning.	10 to 15 minutes	education.delaware.gov/families/birth-age-5/early_resources/developmental_screenings
Strengths and Difficulties Questionnaire (SDQ)	3-16 years	The SDQ is a brief behavioral screener that has been translated into more than 80 languages.	10 minutes	sdqinfo.org/a0.html
Survey of Well-Being of Young Children (SWYC)	0-60 months	The SWYC was created to provide a screening instrument that is comprehensive, including cognitive, language, motor, and social-emotional development as well as family risk factors (e.g., parental depression, conflict, or substance abuse, and hunger).	10 minutes	pathfinder.health/swyc