

## Universal Social Determinants of Health (SDoH) Assessment – Core Questions

Domain	Question	Answers	Validated Source
Access & Affordability	In the past year, have you been unable to get childcare when it was really needed?	<ul style="list-style-type: none"> <li>• Yes</li> <li>• No</li> <li>• I choose not to answer</li> </ul>	Adapted from Protocol for Responding to & Assessing Patients' Assets, Risks & Experiences (PRAPARE)
	In the past year, have you been unable to get clothing when it was really needed?	<ul style="list-style-type: none"> <li>• Yes</li> <li>• No</li> <li>• I choose not to answer</li> </ul>	Adapted from PRAPARE
	In the past year, have you been unable to get medicine or any health care when it was really needed?	<ul style="list-style-type: none"> <li>• Yes</li> <li>• No</li> <li>• I choose not to answer</li> </ul>	Adapted PRAPARE
	Do you have access to any of the following devices?	<ul style="list-style-type: none"> <li>• Simple cell phone (flip phone)</li> <li>• Smartphone (a cell phone with a touchscreen and internet)</li> <li>• Computer (laptop, desktop, or tablet such as an iPad)</li> <li>• Landline</li> <li>• None</li> </ul>	VA Assessing Circumstances & Offering Resources for Needs (ACORN) Screening Tool
Employment	What is your current work situation?	<ul style="list-style-type: none"> <li>• Unemployed</li> <li>• Part-time or temporary work</li> <li>• Full-time work</li> <li>• Otherwise unemployed but not seeking work (ex: student, retired, disabled, unpaid primary care giver)</li> <li>• I choose not to answer</li> </ul>	PRAPARE
Financial Resources Strain	Sometimes people find that their income does not quite cover their living costs. In the last 12 months, has this happened to you?	<ul style="list-style-type: none"> <li>• Yes</li> <li>• No</li> <li>• Don't know</li> <li>• Not applicable</li> <li>• I choose not to answer</li> </ul>	Organization for Economic Co-operation and Development (OECD) Financial Literacy Questionnaire
Food Insecurity	Within the past 12 months we worried whether our food would run out before we got the money to buy more.	<ul style="list-style-type: none"> <li>• Often true</li> <li>• Sometimes true</li> <li>• Never true</li> <li>• I choose not to answer</li> </ul>	Children's Health Watch Hunger Vital Signs
	Within the past 12 months the food we bought just didn't last and we didn't have money to get more.	<ul style="list-style-type: none"> <li>• Often true</li> <li>• Sometimes true</li> <li>• Never true</li> <li>• I choose not to answer</li> </ul>	
Health Literacy	How often do you need to have someone help you when you read instructions, pamphlets, or other written material from your doctor or pharmacist?	<ul style="list-style-type: none"> <li>• Never</li> <li>• Rarely</li> <li>• Sometimes</li> <li>• Often</li> <li>• Always</li> <li>• I choose not to answer</li> </ul>	Single-Item Literacy Screen (SILS)
	I know how to find helpful health resources on the Internet.	<ul style="list-style-type: none"> <li>• Strongly disagree</li> <li>• Disagree</li> <li>• Undecided</li> </ul>	eHealth Literacy Scale

Domain	Question	Answers	Validated Source
		<ul style="list-style-type: none"> <li>• Agree</li> <li>• Strongly agree</li> </ul>	
Housing Stability	Are you worried about losing your housing?	<ul style="list-style-type: none"> <li>• Yes</li> <li>• No</li> <li>• I choose not to answer this question</li> </ul>	PRAPARE
	In the past 12 months has the electric, gas, oil, or water company threatened to shut off services in your home?	<ul style="list-style-type: none"> <li>• Yes</li> <li>• No</li> <li>• Already shut off</li> <li>• I choose not to answer</li> </ul>	CMS Accountable Health Communities Screening Tool
Safety	Do you feel physically and emotionally safe where you currently live?	<ul style="list-style-type: none"> <li>• Yes</li> <li>• No</li> <li>• Unsure</li> <li>• I choose not to answer this question</li> </ul>	PRAPARE
Social Connections	How often do you feel isolated from others?	<ul style="list-style-type: none"> <li>• Hardly ever</li> <li>• Some of the time</li> <li>• Often</li> <li>• I choose not to answer</li> </ul>	UCLA Loneliness Screening
Transportation Needs	Has a lack of transportation kept you from medical appointments, meetings, work, or from getting things needed for daily living? Check all that apply.	<ul style="list-style-type: none"> <li>• Yes, it has kept me from medical appointments or from getting my medications</li> <li>• Yes, it has kept me from non-medical meetings, appointments, work, or from getting things that I need</li> <li>• No</li> <li>• I choose not to answer</li> </ul>	PRAPARE

## Universal Social Determinants of Health (SDoH) Assessment – Supplemental Questions

Domain	Question	Answers	Validated Source
Alcohol & Drug Use	In the past year, have you used any drugs other than those prescribed by your doctor?	<ul style="list-style-type: none"> <li>• Yes</li> <li>• No</li> <li>• I choose not to answer</li> </ul>	
	In the past year, have you had more than 7 drinks in one week?	<ul style="list-style-type: none"> <li>• Yes</li> <li>• No</li> <li>• I choose not to answer</li> </ul>	
	Optional follow-up question: Males less than or equal to 65 years of age: In the past year, have you had more than 14 drinks in one week?	<ul style="list-style-type: none"> <li>• Yes</li> <li>• No</li> <li>• I choose not to answer</li> </ul>	
Depression	Over the last 2 weeks, how often have you been bothered by any of the following problems? – Little interest or pleasure in doing things – Feeling down, depressed, or hopeless	<ul style="list-style-type: none"> <li>• Not at all</li> <li>• Several days</li> <li>• More than half the days</li> <li>• Nearly every day</li> <li>• I choose not to answer</li> </ul>	Patient Health Questionnaire 2 (PHQ-2)
Physical Activity	How active are you?	<ul style="list-style-type: none"> <li>• I am not active or exercising</li> <li>• Light (examples: stretching or short walks, slow walking)</li> <li>• Moderate (example: brisk walking)</li> <li>• Heavy (examples: jogging or swimming)</li> <li>• Very Heavy (examples: fast running or stair climbing)</li> <li>• I choose not to answer</li> </ul>	
Stress	Over the last 2 weeks, how often have you been bothered by feeling nervous, anxious or on edge?	<ul style="list-style-type: none"> <li>• Not at all</li> <li>• Several days</li> <li>• More than half the days</li> <li>• Nearly every day</li> <li>• I choose not to answer</li> </ul>	
	Over the last two weeks, how often have you been bothered by not being able to stop or control worrying?	<ul style="list-style-type: none"> <li>• Not at all</li> <li>• Several days</li> <li>• More than half the days</li> <li>• Nearly every day</li> <li>• I choose not to answer</li> </ul>	
Tobacco	In the past month, have you smoked cigarettes, cigars, chewed tobacco, used an e-cigarette or vape pen?	<ul style="list-style-type: none"> <li>• Yes</li> <li>• No</li> <li>• I choose not to answer</li> </ul>	
Veteran Status	Have you ever served in the military?	<ul style="list-style-type: none"> <li>• Yes</li> <li>• No</li> <li>• I choose not to answer</li> </ul>	

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