

Nutrition Quality Guide

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This Quality Guide is intended to be a reference guide to those who are looking to offer timely initiation of nutrition therapy for patients with serious and/or chronic illness.

Nutrition therapy can help to manage chronic disease and improve the quality of life for members with chronic or serious life-threatening illness.

What's Included in the Nutrition Quality Guide?

The guide provides information regarding:

- Definition and Benefits of Nutrition Therapy
- Age-based Nutrition Recommendations
- Nutrition for Disease States
- Referrals to Registered Dietitians
- Nutrition Resources for Highmark Members
- Food Insecurity References

More Information

If you have questions regarding the Nutrition Quality Guide, please contact your Highmark representative.

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